

Canyon Coffee South (Formally known at Black Bear Coffee)

This 18 mile ride to the south Canyon Coffee Shop (also known by its former name - Black Bear Coffee) heads south through downtown Colorado Springs and winds through the Cheyenne Canyon and Broadmoor neighborhoods, arriving at the shop in about an hour. After enjoying a cup of joe on the sunny patio, riders will head north/northeast through the Stratmoor neighborhood, passing Quail Lake and the World Arena, and then heading through downtown back to the start location.

NOTE: There are a few hills on this route (Woodburn Ave., S. Tejon at Las Vegas, for example), and there are a number of stoplights. A nice route if you'd like to socialize and get some good cardio as well.