

"The Colorado Springs Cycling Club is a recreational bicycling club which promotes safe and fun cycling for all ages and abilities."

Volume 13

July/August 1999

Issue 4

Prez Sez:

by Joe Vaccaro



Well, the 1st Buena Vista Bicycle Festival is now past! For those of you who could not be there, you missed a terrific weekend event. Not only were there rides to suit everyone's desire, but the support was great too! Without the pressure of having to ride for a predetermined amount of miles, the BVBF participants were much more relaxed than in years past during the TOARV. This was not only appreciated by everyone to whom I spoke, but also gave the event a real "feeling" of being a true festival.

If that wasn't enough, it looks as if the

BVBF
a huge success !

BVBF is going to break even financially in its first year! That is remarkable! Next year, the BVBF will undoubtedly be bigger and better. Several bike shops in Salida have already voiced their desire to be involved with this event in 2000! It has all the indications of becoming a major bicycling event in the west and perhaps even nationally.

I'm sure I represent everyone's feelings when I say to the BVBF Coordinating Committee, "job well done!"

The next big club event, besides the Annual Picnic, is the Hard Scrabble Century. This is being organized by Mike and Fawn Remington, and they can really use your support. When an event like the BVBF goes off so seamlessly and without apparent effort, you know that a tremendous amount of work went into it.

The Hardscrabble, while a one rather



Club Meetings

Altamira Apts for Club Meetings!

Altamira Apts. is at 2250 Skyview Lane. Go South on 21st St. to top of hill and turn Right - apt. complex entrance is straight ahead. Go where the Recreation Centerthru entrance and bear to Right to get to N-W side of complex is located. For map see <http://www.mapquest.com/cgi-bin/share?s7va0di318igevar>.

August 3rd at 7:00 PM

than two day event, will have three times the number of participants than the BVBF. In order for it to be conducted in a manner as professional as the BVBF, many people will have to get involved. If you have never been part of the planning and organization that goes into a project like Hard Scrabble, then this is your chance. It's fun, it's a challenge, it's hard work, it's a learning experience!

See and Be Seen

Dress for success. Job interview? Hot date? New client? No. Biking.

Do you want to blend in with the surroundings? No. You want to STAND OUT, to shout "I'M HERE, DON'T HIT ME!" You want motorists to see you. Preferably far away, not upon impact. Obviously, cyclists are the loser when colliding with two tons of steel.

Except for Douglas County, most motorists aren't going to deliberately run you over or run you off the road. You are going on trust; trusting their eyes; that they'll recognize you. We aren't the size of a car, not even a small car, so, often those motorist eyeballs can use some help. Help from cyclists in being visible.

I see many cyclists riding in dark colors. Dark colors hide grit and grime and dark is available. And, like fire trucks painted red, dark is traditional.

How to stand out? Contrast and color help. The basics: light colors tend to be more easily recognized farther away than dark colors - with caveats. White is light and easily seen but doesn't provide contrast if worn in a snow storm. Riding directly into the sun is an invitation to become a hood ornament. Drivers just squint and plow blindly along.

FLUORESCENT colors are best. Briefly, because non-visible light energy of a relatively short wavelength is converted into visible light energy of a longer

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Calender
Many new rides and events
Club Hotline (719) 594-6354

The BENT FORK CHRONICLES is the official publication of the Colorado Springs Cycling Club (CSCC) and the articles contained herein do not necessarily represent official club positions unless so

wave length. Fluorescent colors also exhibit exceptional visibility at dawn and dusk and in haze and fog.

Here are the recognition distances (meters):

Fluorescent red-orange	300
Fluorescent red mesh on white	272
Fluorescent yellow-green	260
Fluorescent pink	257
Fluorescent yellow	242
ordinary yellow	216
ordinary orange	203

What we wear determines how visible we are to motorists

Admittedly, not all of these colors are readily available. Ask Don from Old Town or Tony from Ted's. Or, ask Shaver Sports. Remember, your helmet & bike color are also factors in visibility!

This information is for daylight hours. Night time has a different set of rules which I'm not covering other than use of reflective material. It can double recognition distances. Distances are courtesy Federal Highway Administration Research Center.

ANNUAL CLUB PICNIC

IT'S AN OLD FASHION PICNIC!!
BRING THE WHOLE FAMILY to the
C S C C 1999 SUMMER PICNIC

DATE:

SUNDAY, JULY 11

LOCATION:

FOX RUN REGIONAL PARK

From Interstate 25 exit 156A to Northgate Road; east to Northgate for 3.5 miles to Rollercoaster Road; north on Rollercoaster Road for 1.5 miles to Stella Drive; west on Stella; right into park and follow signs.

WHAT TO BRING FOR LUNCH

(WE WILL EAT AROUND 12:30 PM)

CSCC will provide the main dish of beef

brisket and smoked turkey, drinks and eating utensils First initial last name please bring:

A-O salad or side

P-Z appetizer or dessert.

ROAD RIDES

Road rides of 10 to 40 miles with leader starting at 9:30 AM. Maps will be provided for those who want to ride on their own.

OR

Ride the off road multi-use trails which wind through the Fallen Timbers Wilderness area of the park.

FUN ACTIVITIES

Bike Polo (bring mountain, cross or beater bike and nerves of steel)

Egg Toss

Peanut Race

Hula Hoop Contest

Dress for Success Contest

BIKE SWAP

Here is your opportunity to get rid of stuff and/or buy stuff! A bicycle swap meet will be held, free of charge, every 3rd Saturday of the month at SKYWAY PLAZA, 8th Street and Arcturus. The swap hours will be 9:00 AM to 12:00 PM. Everyone is welcome to shop or display items for free. If a display area is needed, call Cycle Therapy at 632-8459 or stop by the shop at 806A Arcturus Dr. for reservations.

WANTED: MOAB Mountain Bikers

"A Few Good Men" I am putting together a Men's Veterans Team (Age 35-45) for the "24 Hours of Moab" mountain bike race. I have one other returning member from my team last year and am looking for two additional riders to fill out the team. The course is not particularly technical. For the unindoctrinated, it is a team relay. You would ride a 16 mile lap and have approximately 4 - 5 hours off before your next lap. I am expecting we will be competitive in the "geezer grouping", but am mainly looking to have a good time. Contact: Martin Phillips, 719-963-7760 or Edgeseekr@aol.com.

TEEN MENTORING - VOLUNTEER OPPORTUNITY!

Project Redirect, a community partnership dedicated to working with at-risk youth, needs your help. We are looking for dedicated adults to volunteer two hours a week interacting with the youth that we serve in a one-to-one relationship. Project Redirect offers through our program many opportunities for you and mentors to participate in group functions, such as bicycle rides, hiking, ice skating, bowling, and numerous other community activities. This is a tremendous opportunity to make a real difference in our community with a minimal amount of time investment. For more information, please contact Lee Hodge, Mentor Coordinator at 444-5413 or Art Navalta, Program Director at 444-5402.

JOIN THE SMITHS FOR JAZZ IN THE PARK

The Mountain Shadows Community Association will sponsor another Jazz in the Park event this year on Wednesday, July 7th from 6:30 to 8:30pm in the Mountain Shadows Park. Pack a picnic, bring a blanket and join Bob and Anne for involuntary toe-tapping as we listen to the great musical talents of Alan Joseph Trio. RSVP for meeting place and time. 528-6834 or annesmith@bikerider.com.

WHEEL TESTER WANTED!

It has finally paid off big time to be a member of the Colorado Springs Cycling Club! That's right! We just signed a deal with Spinergy, the wheel maker, to test a new set of spoked, light weight road bike 700c wheels. The tester or testers chosen for this assignment can look forward to a great salary, fantastic benefits, and national fame! Their only obligation is to write a review of their experience with the wheels for the Cycling Club's next newsletter.

All right! All right! I lied. There is no salary (in fact, if you need to have a bike mechanic put your rear cog on the new wheel, it comes out of your pocket). The only benefit you get, is that of riding on a new set of wheels. No national fame

either, but you will be known by a few people in Colorado. Actually, this deal was done completely over the phone. No body signed anything. You do have to write the article about the wheels, however. That much was true. And you do have to be a Cycling Club member in good standing. If you would like to enter the exciting world of bicycle wheel testing, call Joe Vaccaro at his home (522-1975).

GIRLS ON THE MOVE

CSCC received this fax from Outward Bound. If there is any women in the club interested, you must have your application in by July 1, 1999. Since the newsletter is just out by that time, you must act immediately.

"I am writing to ask for you help in locating, and recruiting women cyclists to participate in a cross-country ride sponsored by Outward Bound, a not-for-profit educational organization. The ride will take place in the spring of 2000 and is designed to provide positive female role models for girls, increase awareness about issues affecting adolescent females and to raise scholarship money for girls to attend Outward Bound courses. We are looking for strong, motivated women to participate in the ride. Women can apply to ride all, or part of the distance from Portland, Oregon to New York City. Bicycles, helmets, uniforms, food, lodging and transportation will be provided at no cost to the riders. This is a fully supported ride! In return, riders selected to be on the "team" will be expected to be physically prepared for their stage(s) of the ride, to be interested in being a facilitator for community education projects along the route, and to raise pledge money for girls to attend Outward Bound courses. Mn who are interested in being involved are encouraged to apply for "support Staff" positions." Bridget Brennan, Logistics Coordinator, Girls On the Move."

I have the Prospectus and application along with contact names and numbers. If you are interested in this ride,

please let me know and I will get the information to you. Anne Smith 528-6834 or annesmith@bikerider.com.

THANKS BVBF VOLUNTEERS!

Due in large part to the efforts of volunteering club members, The Buena Vista Bicycle Festival was a tremendous success. The volunteers helped throughout the BVBF weekend doing such tasks as supporting rest stops, driving sag vehicles, and distributing rest stop supplies. However, as with any event, it was the "pre-event" efforts of many people that made the BVBF run so smoothly. The outstanding shirt design was again done by Kathlene Desmond. Other critical components included data base management, on road and off road map design, coordinating events within the Buena Vista community, and on, and on, and on.

Several volunteers took advantage of the option to be a volunteer one day, and participate as a BVBF rider on another day. The feedback we received was this was a win/win situation for both sides. We will no doubt keep this option for BVBF 2000.

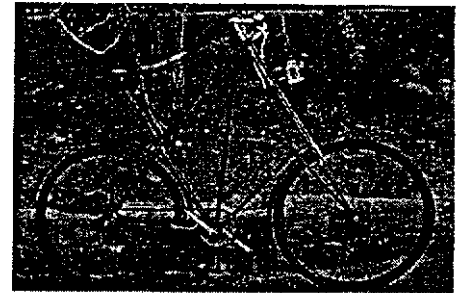
With Hardscrabble coming up in just a few short months, consider supporting your club by volunteering in some capacity either before or during the event. There are plenty of ways to help that don't require lots of time and energy but are exceptionally meaningful to the success of the event. The ability of CSCC to remain economically viable is based on the success of our two major fund raising events, Hardscrabble and BVBF.

A New Bicycle.

Mr. M. Pedersen of Dursley, with that ingenuity for which he is known, has recently constructed a safety bicycle of remarkable character. It's weight is only nineteen pounds and the maker has tested the strength in an extraordinary way, he having ridden it up Whiteway (a very steep hill) in Dursley.

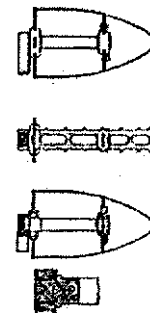
The Dursley Gazette 21st October 1893.

Mr. Pedersen's bicycle is one of the most beautiful bicycles ever invented, regarding to harmony, strength and lightness in the frame.



It might look a bit different than other bicycles of today, but it's only a coincidence that the "normal" bikes of today isn't Pedersen framed bicycles. If Mr. Pedersen had had the same skills as a businessman as he had as inventor, the frame would have been the most widespread frame at all, but Mr. Pedersen was unfortunately a very poor businessman and therefore he died as a poor man. His bicycle became a collectors item instead of the most common used frame.

But it isn't so, that's why this site has been made to spread the knowledge of, first and foremost on the bicycle, but also to give you a chance to get some knowledge of the inventor Mr. Pedersen, whom in many ways were a very special man, one of his kind.



Patent 27769, nov. 25 th 1897 — pedals. Accepted 15th Oct.1898. Important points were that: The ball races were such that pressure on the balls was vertical and not diagonal as with conventional cones. Threads on pedal axle were of "turret"

type to give a firmer hold on the crank. The material was aluminium.

The preceeding article was downloaded from the internet site:

<http://dursley-pedersen.virtualave.net>

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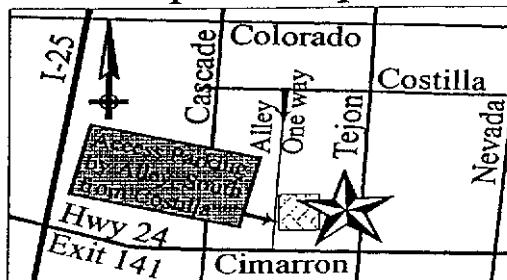
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The CSCC Classifieds....

Classified ADS Club Policies

Non-commercial advertisements are free to all club members. Ads will run for one month unless renewed. Commercial advertisement for Quarter page ads or business cards:

1. Enclose two good copies of card or ad.
2. Include a check for one of the following:
 - a. Quarter page ad: 3 issues for \$75
 - b. Business card: 3 issues for \$30
3. Mail ad or card and check to:
CCSC Advertising
Attn: Treasurer, PO Box 49602, CS CO 80949

Classifieds will run for one issue unless renewed. Ads must arrive at the Club P.O. Box or to the Editor on or before the 10th of the month preceding the newsletter.

FOR SALE:

"New" TREK OCLV Carbon MTB Frame, still in the box, 19.5", nude carbon finish, \$500; GRIPSHIFT SRP 800 8-speed hifters for Shimano, good condition-work great, \$10; GRIPSHIFT 9.0 SL 8-speed shifter and derailleur system (carbon fiber look), ridden once-12 miles, their top of the line 8-speed system with cables and instructions, \$100; SPECIALIZED carbon Tri-Spoke wheel set, 700c, includes Avocet magnet adapter ring and magnet, 90 brass air fitting, only ridden 500 miles, \$350; Aluminum road fork for a 56cm or smaller frame, \$10; LOOK road pedals, \$15; KORE Aheadlite MTB stem, yellow, 130mm, 10 degree rise, 1.125", \$20; MAVIC zippered wheel bags, red brand new, \$35. Contact Dave Thomson: days @ 554-3348 and

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See the Review on SafeWater™ Anywhere Water Filters in an upcoming issue of *Outside Magazine*

eves @ 265-1053.

Raleigh Mtn Bike, 20" frame, teal green, light usage, exc. cond., parts upgrades: derailleurs, cogs, tires, cranks, grip shift, pedals. Entry level bike with high handlebars and soft saddle, only \$125 american dollars, Hal Church, 633-4476.

Yakima Bike Rack with attachments. Sold car and don't need rack. \$25.00 obo. Kim Makower 632-5486.

Wanted. A small frame 47 cm maximum womens road bicycle. Must be in good condition, please call Kelly at 590-9879.

FOR RENT:

Bicycle Travel Bag. Non-members \$10 per day or \$50 per week. Club members \$5 per day or \$25 per week plus security deposit. Longer periods are negotiable. Call Bob or Anne Smith to reserve a bag. 528-6834

BE KIND TO YOUR HEAD! HELMETS ARE REQUIRED ON ALL CSCC RIDES.

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THANK YOU CSCC FOR SOME VERY EXCELLENT EVENTS!



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MEMBERSHIP NEWS:

WELCOME NEW CSCC MEMBERS:

David & Angelique Atkinson; David & Janina Barnes; Tom Binnings & Family; Mike Brown; Karen Csuhita & Family; Michelle Ford & Family; Carmen Gaudreau; Annette Kester & Family; Bobbie Nerem & Family; Ron Robinson; Kristy Smith & Family; Brad Stone & Family

WELCOME AGAIN RETURNING MEMBERS:

Angie Adams; Lynn Allan; Darryl Beachy; Sharon Boyd & Dale Campbell; Jim Braden; Jay Burns; Mary Bruning; Gerald Cahill; Dave Dent; Pat Hall; Barbara Kohlhase; Bill Luttrell; Alan Malone; J. P. Neuteboom & family; Shirley & Charlie Paterson; Vern & Neddie Pitcher; John & Anita Rasper; Janet Rose; Chris Sharkey; The Shen Family; Paulette Varn; Steve Willis; Bill Young;

Rideleaders:

Mail your ride sheets to Janet Rose 1309 Wynkoop Dr. Colo Springs, CO. 80909. Janet is the 1999 club secretary .. thanks, Janet!!!

speaking of Rideleaders..... we need some.... yes, there is some responsibility but you can take the edge off with the following:

*>>don't tell them where you are going
>>you pick the speed you are most comfortable with*

Call Bob Smith with your ideas at (719) 528-6834



P.O. Box 49602, Colorado Springs, CO 80949-9602

July/August 1999

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remingto@gateway.com

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annesmith@bikerider.com

Club Hotline (719) 594-6354

or

csc@bikesprings.com

The Bent Fork Chronicles
<http://www.bikesprings.com>

Club Stuff

As a CSCC member, you are entitled to a 10% discount on the purchase of cycling accessories from the following bike shops. In order to get your club discount at bike shops, you must take your newsletter with the mailing label attached. Your label will indicate your new or renewal membership is up to date.

Colorado Springs Bike Shops (719) 634-4915. Two Colorado Springs Locations.

Ted's Bicycles (719) 473-6915

LOOK AT YOUR NEWSLETTER MAILING LABEL -- DOES IT SAY

"Final Issue - Renew Now"? Renew before you miss one of our wonderful newsletters - Also, send changes of address and phone number to the club PO Box or call the Hot Line at 594-6354 or email Anne Smith at:

annesmith@bikerider.com

DOES IT HAVE YOUR OLD ADDRESS?

When your newsletter has to be forwarded, it is an additional expense for the club treasury. Please get those changes in as soon as possible.

Remember, the newsletters are usually mailed the last week of the month, so try to get changes and renewals in early. Also, if you have a new phone number, let us know so we can keep our roster up to date. You can leave any address or phone changes on the hot line @594-6354 or call Anne Smith @528-6834

Newsletter Submissions

Due by the 10th. E-mail is preferred in a word document attached. Art work preferred in JPEG or GIF files.

Email:Internet address:
concept@worldnet.att.net

CSCC Fax: (719) 637-9194

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July 1999

Colorado Springs Cycling Club's Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Jun 1999</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Aug 1999</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table> </div> </div>				S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					1	2	3
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<p>9:00 AM Sunday Show'N Go 633-4476</p> <p>1:00 PM Acacia Park Social Ride</p>	<p>5:30 PM Monday Dinner Ride Acacia Park 528-6834 Swan Palace</p>	<p>9:00 AM Mikie's RSVP 391-0742</p> <p>5:30 PM MB-101 RVSP 598-1448</p> <p>5:30 PM Speeding Buffet 590-7125</p>	<p>10:00 AM Trail Explorer North Monument Valley Park 594-9181</p> <p>5:30 PM Fly'n Easy T-Bird Overlook AFA 491-0709</p> <div style="border: 1px solid black; padding: 2px; text-align: center;">Jazz in the Park</div>	<p>5:30 PM Evening Mt. Bike Ride - Call 535-3314</p>	<p>8:30 AM RSVP Friday Morning Road Ride 528-6834</p>	<p>9:00 AM KG Cub Foods Constitution</p> <p>9:00 AM Road Ride Albertson Hwy 115</p> <p>9:00 AM Trail Clean Up 634-1184</p> <p>9:00 AM WalMart Chapel Hills</p> <p>Triple ByPass</p>																																																																																				
<p>11 Annual Club Picnic Fox Run Park</p>	<p>5:30 PM Monday Dinner Ride Acacia Park 528-6834 Panino South</p>	<p>9:00 AM Mikie's RSVP 391-0742</p> <p>5:30 PM MB-101 RVSP 598-1448</p>	<p>10:00 AM Trail Explorer North Monument Valley Park 594-9181</p> <p>5:30 PM Fly'n Easy T-Bird Overlook AFA 491-0709</p>		<p>8:30 AM RSVP Friday Morning Road Ride 528-6834</p>	<p>9:00 AM Centennial Park Ride 481-2313</p> <p>9:00 AM KG Cub Foods Constitution</p> <p>9:00 AM Road Ride K-Mart Powers & Palmer Park</p> <div style="border: 1px solid black; padding: 2px; text-align: center;">Crest Butte Weekend</div> <div style="border: 1px solid black; padding: 2px; text-align: center;">San Jaun MTB Tour 685-1398</div>																																																																																				
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July 1999 - Ride and Event Schedule Details

No Club Meeting

Annual Club Picnic - Sunday July 11th

Fox Run Park is located east of the Air Force Academy and north of North Gate Road. Enter the park from the south off Stella Road and follow the signs to our pavillion. Rides will begin at 9:30 AM. Mapped loops of 10 to 40 miles will be provided. There are mountain bike trails in the park. Lunch begins at 12:30 PM followed by bike polo and other activities. See article in the newsletter for more details.

Regularly Scheduled Rides

Monday Dinner Rides - 5:30 PM Acacia Park

This ride is lead by Bob Smith. This is a leisurely paced ride of 10 to 15 miles with dinner somewhere along the route or after the ride. This is a very social ride and a great ride for new riders or those riders wanting to enjoy an evening out with other cyclists. 719-528-6834

Tuesday - Mikies's RSVP Ride - 719-391-0742

Sometimes it's road, sometimes its not. It is generally in the morning but that is up to Mike. Call Mike for start location, time and bike of the week.

Tuesday - Mountain Biking 101 - 719-598-1448

Looking for a mountain bike ride that won't put the fear of God in you. Give Jana Burr a call for start location and details. This starts at different locations each week. If Jana is not able to come to the phone the ride location is on her answering machine.

Tuesday - Speeding Bullet - 719-590-7125

Meet at the T-Bird Overlook on the Air Force Academy every other Tuesday for this fast paced training ride. This is a training variant of the Fly'n Easy Ride. Be prepared to ride fast or ride alone. Leader Tom Haynes. See ride calendar for listed dates.

Wednesday - Fly'n Easy - 719-491-0709

Meet at the T-Bird Overlook on the Air Force Academy for this moderately paced road ride of 20-25 miles on the Academy and points north and east. Leader Shay Nolan.

Saturday Morning - Training Ride - 719-548-8667

This ride starts from various locations (see calendar) at 9:00 AM. It is a fast paced road ride of 40-50 miles. Rob Miskowitch is the ride leader and generally can't seem to find his way so maps are provided.

Saturday Kinder & Gentler Road Ride - 719-528-6834

This ride starts from the new Cub Foods on Constitution and Powers at 9:00 AM. This is a moderately paced ride of 30-40 miles. Expect to average about 14 MPH with some hills. No maps are provided. If you ride ahead of the leader, expect to

ride alone. Leader Bob Smith. Barb Butler will be leading the July 3rd ride.

Sunday Morning Show'n Go - 719-633-4476

Summer start time is 9:00 AM. This is moderate paced road ride typically leaded by Hal Church. It meets at the parking lot just west of the skate board park on Mark Dabling Road. The ride is 25-30 miles at a moderate pace of 15-16 MPH.

Sunday Acacia Park Social Ride - 719-594-6354

This ride meets at Acacia at 1:00 PM every Sunday afternoon. This ride 15-25 mile casual ride is a great ride for new riders and those wanting to chat while riding. No maps are provided and if you ride off the front expect to ride alone.

New Rides for July & August

Wednesday - Trail Explorer - 719-594-9181

Meet at Monument Valley Park North - parking lot at 10:00 AM. Various city trails will be explored on mountain bikes. Call Doyle Dikes for more details. See ride calendar for listed dates.

Thursday - 2nd Thursday MTB Ride - 719-535-3314

Ride location To Be Determined (TBD). Call the number above for the ride location and details. Ride is scheduled to start at 5:30 PM.

Friday - Friday Morning RSVP Ride - 719-528-6834

Meet at the Walgreens at Flying W Ranch Road and Centennial Blvd. parking lot at 8:30 AM for a quick 25 miles on the northwest side. Please call ahead to RSVP for this ride. If no one calls the ride may be cancelled. Leader Bob Smith.

Saturday - Centennial Park RSVP Ride - 719-481-2313

Meet at Centennial Park in Palmer Lake at 9:00 AM on the scheduled Saturdays for this brisk paced ride of 25-50 miles. Please RSVP to the ride leader Rich Crocker.

Buffalo Creek Mountain Bike Ride - 719-598-1448

Meet at Manitou Pancake House at 8:00 AM on 7/31/99.

Weekend Tours & Special Events

Evening of Jazz in the Park - RSVP - 719-528-6834

Come and enjoy a non-ride with Smith's on July 7th at 5:30 in the evening. Bring a picnic basket and enjoy a realaxing evening of food and jazz in Mountain Shadows.

San Juan Mountain Bike Tour - 719-685-1398

Crested Butte Mountain Bike Weekend - 719-391-0742

Team Evengreen's Triple ByPass

The Courage Classic

Bicycle Tour of Colorado

Tour of Peaks



August 1999

Colorado Springs Cycling Club's Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																			
1 9:00 AM Sunday Show'N Go 633-4476 1:00 PM Acacia Park Social Ride <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: auto;">Tour of the Peaks</div>	2 5:30 PM Monday Dinner Ride Acacia Park 528-6834 The Loop	3 9:00 AM Mikie's RSVP 391-0742 5:30 PM MB-101 RVSP 598-1448 5:30 PM Speeding Bullet 590-7125 7:00 PM Club Meeting - Altamira	4 10:00 AM Trail Explorer North Monument Valley Park 594-9181 5:30 PM Fly'n Easy T-Bird Overlook AFA 491-0709	5	6 8:30 AM RSVP Friday Morning Road Ride 528-6834	7 9:00 AM KG Ride T-Bird Overlook 9:00 AM Road Ride K-Mart Powers & Palmer Park 9:00 AM Trail Clean Up 634-1184																																																																																			
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August 1999 - Ride and Event Schedule Details

Club Meeting - Tuesday August 3rd

Altamira Apartment Complex at 7:00 PM

Altamira Clubhouse - 2210 Skyview Lane off 21st Street south of US 24 near Sky Way.

Regularly Scheduled Rides

Monday Dinner Rides - 5:30 PM Acacia Park

This ride is lead by Bob Smith. This is a leisurely paced ride of 10 to 15 miles with dinner somewhere along the route or after the ride. This is a very social ride and a great ride for new riders or those riders wanting to enjoy an evening out with other cyclists. 719-528-6834

Tuesday - Mikies's RSVP Ride - 719-391-0742

Sometimes it's road, sometimes its not. It is generally in the morning but that is up to Mike. Call Mike for start location, time and bike of the week.

Tuesday - Mountain Biking 101 - 719-598-1448

Looking for a mountain bike ride that won't put the fear of God in you. Give Jana Burr a call for start location and details. This starts at different locations each week. If Jana is not able to come to the phone the ride location is on her answering machine.

Tuesday - Speeding Bullet - 719-590-7125

Meet at the T-Bird Overlook on the Air Force Academy every other Tuesday for this fast paced training ride. This is a training variant of the Fly'n Easy Ride. Be prepared to ride fast or ride alone. Leader Tom Haynes. See ride calendar for listed dates.

Wednesday - Fly'n Easy - 719-491-0709

Meet at the T-Bird Overlook on the Air Force Academy for this moderately paced road ride of 20-25 miles on the Academy and points north and east. Leader Shay Nolan.

Saturday Morning - Training Ride - 719-548-8667

This ride starts from various locations (see calendar) at 9:00 AM. It is a fast paced road ride of 40-50 miles. Rob will be out of town most of August, so he suggests you bring one of his past maps and make your way on your own.

Saturday Kinder & Gentler Road Ride - 719-528-6834

In August this ride will start from the T-Bird Overlook on the Air Force Academy at 9:00 AM. This is a moderate paced ride of 30-40 miles. Expect to average about 14 MPH with some hills. No maps are provided. If you ride ahead of the leader, expect to ride alone. Leader Bob Smith. **Barb Butler will be leading the August 21st ride.**

Sunday Morning Show'n Go - 719-633-4476

Summer start time is 9:00 AM. This is moderate paced road

ride typically leaded by Hal Church. It meets at the parking lot just west of the skate board park on Mark Dabling Road. The ride is 25-30 miles at a moderate pace of 15-16 MPH.

Sunday Acacia Park Social Ride - 719-594-6354

This ride meets at Acacia at 1:00 PM every Sunday afternoon. This ride 15-25 mile casual ride is a great ride for new riders and those wanting to chat while riding. No maps are provided and if you ride off the front expect to ride alone.

New Rides for July & August

Wednesday - Trail Explorer - 719-594-9181

Meet at the north end of Monument Valley Park - parking lot at 10:00 AM. One block west of west of Penrose Hospital off Wood Street. Various city trails will be explored on mountain bikes. Call Doyle Dikes for more details. See ride calendar for listed dates.

Thursday - 2nd Thursday MTB Ride - 719-535-3314

Ride location To Be Determined (TBD). Call the number above for the ride location and details. Ride is scheduled to start at 5:30 PM.

Friday - Friday Morning RSVP Ride - 719-528-6834

Meet at the Walgreens at Flying W Ranch Road and Centennial Blvd. parking lot at 8:30 AM for a quick 25 miles on the northwest side. Please call ahead to RSVP for this ride. If no one calls the ride may be cancelled. Leader Bob Smith.

Saturday - Centennial Park RSVP Ride - 719-481-2313

Meet at Centennial Park in Palmer Lake at 9:00 AM on the scheduled Saturdays for this brisk paced ride of 25-50 miles. Please RSVP to the ride leader Rich Crocker.

Weekend Tours & Special Events

Echo Lake Loop (Aug 8) - 719-528-6834

Meet at the King Suppers parking lot in Bergen Park at 8:00 AM for this classic 50 mile loop in the Rockies West of Denver. We will ride from Bergen Park to El Rancho, Floyd Hill, Idaho Springs, Mt Evans to Echo Lake for lunch, Summit Squaw Pass and end with a great descent into Bergan Park. Bob & Anne Smith will be leading this from their tandem.

Kebler Pass - 719-391-0742

Call Mike and Fawn Remington for details of this four day loop from the Black Canyon through Gunnison, Crested Butte, and Peonia. This is combination road and off road route.

Other Events

Tour of the Peaks - 970-879-9171 - www.TourThePeaks.com