

"The Colorado Springs Cycling Club is a recreational bicycling club which promotes safe and fun cycling for all ages and abilities."

Volume 8

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Issue 8

Where the recumbent brothers mouth off.....

We at the Global headquarters of the Recumbent Brothers labBROtories are often perplexed by a pervasive attitude that seems to strike our lesser brethren who are forced to ride conventional bicycles. This attitude is most apparent during these so-called "tours". Usually, on most club rides, the only acceptable way to ride is to hammer your brains out. This holds true for the bullet, BB and social rides, etc.

But on a multi-day tour, we would think that most participants would choose to chill out and enjoy the day. This is not the case! Indeed most riders would apparently choose to rise at, say, two AM, choke down a Power Bar (yum!) while huddled in their tent or motel room, stare at their front hubs while sprinting to the day's destination, and be "the first ones there" !

Now it is also true that the famous recumbent Brothers have been known to act like "A" types at inappropriate times, but we allow ourselves the flexibility to slow down and enjoy the scenery while on a tour. We work too hard for our free time to allow an "attitude" to get in the way of an enjoyable vacation.

You see, tests have shown that, on a bicycle tour, the JOURNEY is the goal, not the destination, not what our computers tell us.

See Yummmmm!!!! page 2

Club Meeting Manitou Room

CLUB MEETING -- Olympic
Training Center, Manitou Room,
Tuesday, November 1 at 7:00 p.m.

December Meeting is December 3rd
at Doolittle Hall 6:00 P.M.

Also widely know as the Club Holiday
Party where we don't meet at the
Olympic Training Center, but we do
Olympic Class eating.

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HUT-TO-HUT MOUNTAIN BIKE TOUR

By Tim Tiefenbach

I have done a number of self-supported road bike tours in the past and found them to be enjoyable, so a self-supported mountain bike tour seemed like a good idea. I knew that some of the 10th Mountain ski huts are open in the summer, and are accessible to mountain bikes. So I pulled out the map and got to work on planning a route. Most of these huts are located within the area bounded approximately by the Lead Triangle route we ride in September. Unfortunately (or fortunately, depending on your point of view) many of the routes connecting the

(this) section of trail really puts the Gonzo in gonzo- abusive

huts are really designed for skiing, which means that the distances are typically short (5-10 miles) and rather steep. So, coming up with a good multi-day mountain bike tour proved to be rather challenging. I finally decided on a three day loop which started and ended at Copper Mountain ski area. The first night was to be spent at the Fowler/Hilliard hut, and the second at the Jackal. Having been to both of these huts in the depths of winter, I was eager to experience them in the summer. In order to make the ride a loop, I had to include two sections of ski trail which were of questionable rideability. A call to the 10th Mt office confirmed that these trails were marked

See hut to hut page 2

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Yummmm!! from page 1

If the destination were the goal, we would choose a much faster mode of transportation to get us there than a bicycle. If so we would probably ride a Suzuki Katana or Honda CBR 600 F2. These "bikes" are capable of altering the earth's orbit, and if utilized properly, could have prevented Shoemaker-Levy from striking Mars. (Ed. Looks like you put the comment right into Jupiter. Maybe a little less throttle next time.) If "being the first one there" is important, this is your ride.

If the statistics were the goal we would just ride our rollers all summer.

How long does it take to drink a pitcher of margaritas? (Ed. Norm claims the Recumbent Bros. downed a whole pitcher in 5 minutes flat in Creede.) Is the success of a party measured in elapsed time?

We are more than what our cycling computers tell us! The purpose of a bicycle tour is NOT to get it over with as soon as possible.

What is the difference between starting at five AM and arriving at noon, and starting at seven and arriving at two? (Other than the early starters freezing their butts off until it warms up.) Where is the joy? The pay is the same.

sigh Why can't more people be like us?

By the way, wasn't the raggae in Creede most excellent?

Respectfully from
the PLANET PEYTON

I know it's cheap, but so what. I took the liberty of adding some appropriate comments to the recumbent brothers article. I mean what is the worst they could do. Strap me to the lawn chair and make me ride a Century, oh and start at like 2:00 P.M. dude. Ed.

Hut to hut from page 1

only, meaning that you can get through when there is six feet of snow on the ground. "But you might be able to push the bike through," they said. They also said that the ranch creek road to Jackal hut was a "good road, OK for mountain bikes." Because of the uncertainty surrounding some aspects of the route, I decided to ride the route beforehand, in order to avoid risking a mutiny by hapless hut enthusiasts. I figured if I left really early in the morning, and travelled light, I could ride the 50+ miles in one day. The reconaissance ended up being an exercise in self-flagellation, as 8500 feet of elevation gain in one day is rarely easy. However, I did discover that the ski trail sections were passable, and that the ranch creek road was not as OK as I was led to believe. There's just something about

but it sure ain't no wienie roast.

2500 feet of elevation in 2.5 miles that makes you want to get off and push. (average 19 percent, according to Ray's formula.) When the ride day finally arrived in late July, five intrepid individuals left the parking area at Copper Mountain. Because we were staying at the huts, we travelled relatively light, devoid of any camping gear. However, we still had to carry all our food for the three days. The first day's route went over Shrine pass and down to Wearyman creek road, which climbed gradually at first, and then much more steeply later on. This put us at the beginning of our first portage on the ski trail. It actually went pretty well, since it was mostly downhill, and I only had to carry the bike for a few hundred feet. We then picked up a nice gradual logging road which we rode all the way to the hut.

The first night at the hut turned out to be quite pleasant, with good food and companionship. We had the whole hut to ourselves, and were interrupted only by a guy in a big truck who

delivered a cord of wood for the winter. The next day dawned somewhat overcast, but the rain managed to hold off until just before we reached the hut. Our route involved a long descent to 9300 feet, and then back up to 11,700 at Jackal hut. Fortunately, during my reconaissance I met somebody at Jackal hut who told me about an easier way to get there, so we were spared the agony of ranch creek road. No major mishaps, except when Bonnie's rack decided to separate from the bike at an inopportune moment.

The next morning we arose early and discussed our route back to Copper Mountain. Having previewed this section, I knew it to be "interesting." The route was about 16 miles, nearly all singletrack. We traversed the ridge from the hut and arrived at our final portage section, which involved a 700 foot drop in 1/2 mile. (Figure that one out, Ray.) Surprisingly, we were able to ride down most of it, albeit with squealing brakes. This deposited us on the Colorado trail, which we followed through beautiful alpine tundra over 12,000 foot Kokomo and Searle passes. On top of Searle pass we enjoyed our lunch with the knowledge that it was all downhill from here.

And boy, was it downhill. This seven mile section of trail really puts the Gonzo in gonzo-abusive. The scenery was great, too, as we descended past Janet's cabin into Guller gulch. After this white-knuckle descent it felt great to get back down into Copper Mountain and take a dip in the creek. All in all, a great three days. I would do it again. The club still has credit with 10th Mt for five spots next summer. Anyone up for a hut trip? If you are thinking about it, I would recommend you keep the following points in mind: - Self supported mountain bike touring offers great opportunities to experience remote wilderness, but it sure ain't no wienie roast. - Road bike panniers tend to not remain attached to a mountain bike hurtling down a technical singletrack. - If you need climbing skins to get up it on skis, then you will probably have to push the bike. - Just because there are blue diamonds marking a ski route, doesn't mean you can ride the bike through there.

Hardscrabble Training Ride (HTR)

By John McLain

For the past three years, there has been a little known secret: the Hardscrabble Training Ride. It started out with a group of flat-landers from zero altitude that wanted to do the Hardscrabble Century. The intimidated individuals decided if they could do "the hill" at the beginning of the ride, they could do the entire Hardscrabble Century. The 1992 HTR started at the Hardee's and went to the Hardscrabble Ranch (a couple of miles past the first official rest stop). We all thought we were going to die. The 1993 HTR started at the same place but we decided to make this ride a 100K (62 mile). Up and over the hill, through the flat section at the top of the pass, and a 600 foot descent to a little shed that sits 300 feet off to the right of the road. That accounted for the first 31 miles of the ride. After a little rest, the 600 feet back to the top was easy (this simulates the Parkdale Hill section of the real Hardscrabble Century). Over the flat section at the top of the pass, and a really great gravity run to the bottom of the mountain. The 1994 HTR was the same ride as the 1993 HTR (100k/62miles). Most of us car pooled from Colorado Springs to the Hardee's in Florence. Lots of people showed up. Including Vicky C. with two dogs and no bike; sorry Vicky dogs don't count. Up up and away, over hill and through the pass. On the way back, we stopped at the home of a very understanding and friendly retired couple near the top of the pass to fill our water bottles. Their son is a cyclist and they talked about one of his week long cycling adventures. We all appreciated the kind hospitality and cool mountain well water. We got back on the bikes and enjoyed the descent. After a few burgers at Hardee's we got back in our cars and headed back to Colorado Springs with the reassuring thought that we would all be able to complete the Hardscrabble Century with no problems (AND WE DID). Look at your calendars next year about two weeks prior to the Hardscrabble Century for the 1995 HTR. See you there.

Club Miles

Road Ride Miles

Club ride miles

Females

Anne Smith	1810
Diane Edmonds	1402
Sharon Boyd	965
Fawn Remington	875
Judy Shaposky	871
Jane Heroux	736
Chris Davenport	698
Anita Rasper	646
Victoria Card	633
Marilyn Bauer	581

Males

Bob Smith	2188
Rob Miskowitch	1916
John McLain	1866
Gary Papazian	1658
Ray Edmonds	1494
Ken Hagen	1467
Mike Remington	1426
Lou Gottlieb	1395
Dale Campbell	1210
Larry Schorr	1182

Ride Leaders

Rob Miskowitch	1101
Bob Smith	817
John McLain	397
Ray Edmonds	391
Mike Heymann	321
John Rasper	236
Phil Smith	160
Gary Papazian	137
Diane Edmonds	101
Judy Shaposky	97

* Due to the end of the riding season deluge of ride sheets and my recent heavy travel schedule I was unable to enter about 20 sheets. Rob Miskowitch

If you are going to use the absentee ballot you need to

VOTE

real soon because due to a fluke,

Oct.

31st

is the deadline to mail in your ballot. How could we have predicted that the Club Meeting would be on the first day of the month. Use a calendar? Do we look like cyclists or Einstein?

So if you don't send in your ballot show

up at the **club meeting**

Novem

ber 1st.

Tuesday. We already discussed the Tuesday is the first day of the month thing right? Hey maybe next year the newsletter editor will be an elected position and I can come and vote for you to put out the newsletter.

Vote!

CSCC Bike Club Jersey

By John McLain

Have you seen those neat looking cyclists riding down the road in their flashy looking jerseys? Maybe you have ridden one of the big rides like Elephant Rock, Tour Of the Arkansas River Valley (TOARV), Hardscrabble, or Ride the Rockies with your plain old faded out T-shirt looking with envy at the other riders in their own custom designed club jerseys. Brilliant colors, snappy designs, and of course if I had a jersey that looked that good, I could ride just as fast.

Now is your chance to get a CSCC jersey for free. But wait, what does the darn thing look like? Well, that's the catch. Each and every club member (or if you can get someone else to do it) has the opportunity to submit the winning design. It doesn't have to be fancy. Just draw up something that looks like the image of a jersey, put your idea on the front, back, and sleeves, label the different areas with the colors you want and mail it in. Once we have enough designs, we will present them at one of the club meetings, and vote. The winning design will be sent to an artist to "clean it up" (fit the design to the specifications of the jersey vendor). We will print the winning design in the newsletter along with the winner's name. There will also be an order form so you can order as many as you would like.

The jerseys will incorporate sublimation printing (a process that impregnates the color into the material) instead of silk screening (which washes off in no time). Sublimation is done on the high quality jerseys costing \$70.00 or more and will last much longer than silk screening. The final price depends on the material, number of colors, number of jerseys ordered, etc., etc., etc. We will make every effort possible to keep the price as low as possible (\$35-\$45).

Jersey Contest Rules

- o Submit as many designs as you like.
- o Submit each design on notebook size paper (8.5x11).
- o Label the design with the colors you have in mind (optional).
- o Coloring is optional (color markers, color pencil, water color, crayons).
- o The designer's name will be held in confidence until after the winning jersey has been selected.
- o The design becomes the property of the CSCC.
- o Colors may be modified according to the final art work and recommendations of the club officers.
- o The club emblem (silhouette of a cyclist at the base of an outline of three mountains) and the letters "CSCC" will be added by the artist.
- o Entries must be post marked no later than midnight Friday, November 25, 1994.
- o Designs will be presented at the club Holiday Party on December 3, 1994.
- o The club reserves the right to change the rules at any time.



John, you mean alittle logo like this?
Ed.

Ninth Annual Frozen Waterbottle Ride

Sunday, January 1st at 1:00 p.m. from the K-Mart at Powers and Palmer Park. The Frozen Waterbottle Ride is a CSCC New Years Day tradition. This was the first CSCC ride lead by Bob Smith. On January 1, 1987 it was so cold everyone's waterbottles froze solid. The ride that year started from Chapel Hills Mall and went north on 83 to North Gate and north on Rollercoaster Road to 105 and West to Monument and south through Air Force Academy back to Chapel Hills Mall. It was so cold we stopped for hot chocolate at the now



Rules?

We don't need no stinking rules!!!

Slime Returns by Mike Remington

While trying to enjoy the last twenty miles of the Lead Triangle, I came up with the temporary brilliant idea of putting **Slime** in a **Sew Up** tire. **Plan A** was remove the little twist lock nut from the presta valve, this allow me to force **Slime** into the valve. I took an old German made tube, removed the nut to make sure the stem would not fall inside the tube, all was good, there was some sort of retention device built in. Thrilled with the success I took a low mileage Japanese sew up and removed the lock nut, tried to force some **Slime** through the value and ended up with a tube full of **Slime** and a value stem wandering around in the tire. All Presta values are not created equal.

Next project will be to cut the tire open find and fix the valve stem and patch the tire, then sew the mess back together.

I want to thank Bob Smith for this motivation, Bob should be noted as the most likely rider to have a flat tire. He rides the same roads as the rest of us yet gets the most flats, I think he's looking out for the other riders and not watching the road for junk. Typical of Bob to sacrifice even his new bike to the club members. Thanks Bob.

defunct gas station and restaurant at Baptist Road. We warmed up with pizza afterwards at the Chapel Hills Pizza Hut. On New Year's 88 the ride was moved south to its present location and again the waterbottles froze. After the '88 ride the New Year's Day Ride became known as the Frozen Waterbottle Ride. Every year since '87 Bob has lead this ride and '95 will be no different. As in years past there are no guarantees of frozen waterbottles but we will get together for pizza and beer at Pizza Hut after the ride. Mapped loops of 10 and 23 miles. Call 719-528-6834 for details.

Prez Sez:

The number one agenda item for the November club meeting is the election of 1995 club officers. Never in the history of the club have so many people stepped forward to be nominated for a club office. It is a shame that there isn't enough offices for all the available candidates. Nearly every office is contested this year and that speaks well for our membership.

Should you not be elected to office is no reason to let your interest in the club lie dormant until next year when the nominating committee calls again. The club needs committee chairpersons and members for nearly every committee. The current ride committee is in need of a blood transfusion. Many on the ride committee have been doing it for five or more years. We haven't had an activities chairperson since Lori moved to Oregon. We are in search of a Hardscrabble chairperson. Warren would like to have some help with our winter ski activities. We need new ride leaders and tour leaders.

At the beginning of this year I had stated that I thought that '94 would be my last year as president of CSCC. Well as any good politician will tell you, we have the right to change our minds. CSCC is about to close its most successful year to date. Our two fundraising events, TOARV and Hardscrabble, have brought the treasury to approximately \$10,000. Our membership has been holding relatively constant at about 250. Our summer and fall weekend touring schedule even included two mountain bike tours. We have many new members that are taking an active role in the club. What I thought might be my last year as president has energized me to want to continue as your president. I would appreciate you considering me to again be your president.

This year everyone will be given an opportunity to vote in this year's election. A ballot is included in the newsletter. Please mark your ballot and mail it early enough so it can be counted at the November meeting. Ballots received after November 1, 1994 will not be counted. Also ballots received without a current CSCC member's return address will be considered invalid.

Boy is Bob Trainable or what? Just one little BASH BOB article when he missed his column and bingo, it's early every month. Too Bad for the membership, I have collected some great new stuff to bash Bob with. I am still waiting. Ed.

Mark Rowe on the other hand gets the failure to learn from others' mistakes award. Mark led this incredible San Juan, off road every pass there is a song about ride, and promised me an article. Well no article. Now the editor has to fill up the space with items like: Name an individual that accompanied Tim on the one day recon of the hut to hut tour but wimped out and rode down the paved bike path on the last leg. Seen whimpering at last report! Any guesses readers?

Voting Rules

Officer Candidates During the last several weeks, members of the club officer nominations committee compiled a list of candidates interested in running for club offices. We attempted to contact every current club member. You may either send your vote to Ray Edmonds at 105 Trestle Tr, Manitou Springs 80829 (Please include your name and address), or vote in person at the November club meeting. The following is a list of the candidates and positions, write-ins may also be submitted.

Your ballot is on the first page of the newsletter. Can't find it? Look on the refrigerator where it is taped up along with the calendar.

The Leaden Triangle

by Mike Heymann

The traditional route is over Tennessee Pass, Battle Mountain Summit, Vail and Fremont Passes. A tough, long, challenging, and beautiful ride of 80 miles. Two of us broke off from the pack, skipped the descent from Battle Mountain Summit into Minturn and instead turned at Redcliff and went up and over Shrine Pass to Vail Pass, thereby cutting off about 15 miles. Lest you suffer any misconceptions, the distance is shorter but it isn't any easier. The road from Redcliff to Vail Pass is a fairly smooth dirt road with light traffic and great vistas, not to mention all the leaves turning. Now, I'm not complaining, mind you, but the climb was steep and unrelenting - almost the entire 13 miles. Incidentally, near the top of Vail Pass are two of the "Huts", one of which serves lunch during the summer. We had a great time, but don't take my word for it, find out for yourself.

Fall's Last Hurrah, the Train Ride

by Mike Heymann

A week after the Leaden Triangle we had the pleasure of taking the old steam locomotive from Antonito CO to Chama NM. You probably figured out that is south and west of The Springs. It may have been further south and lower in elevation than Leadenville but it wasn't any warmer. But our timing was just perfect - the foliage was at its peak. Besides oohing and aawing all day at the scenery, we got a real education from Ray about trains.

Magically, upon arrival at Chama, we walked across the street from the train station to the bed & breakfast and behold: our bikes were there.

The next day we had an easy, thoroughly delightful and beautiful 50 mile ride over Cumbres and La Manga Passes back to the starting point.

Thanks to Anne Smith, the details were already looked after; all we had to do was pay the fee, look at the scenery and ride. Marvelous weekend.

C.S.C.C.
invites its members to

THE ANNUAL HOLIDAY PARTY
&
AWARDS DINNER

Date: Saturday, the third of December at six o'clock

Location: Doolittle Hall, US Air Force Academy

Featuring: Ann Houser at the piano

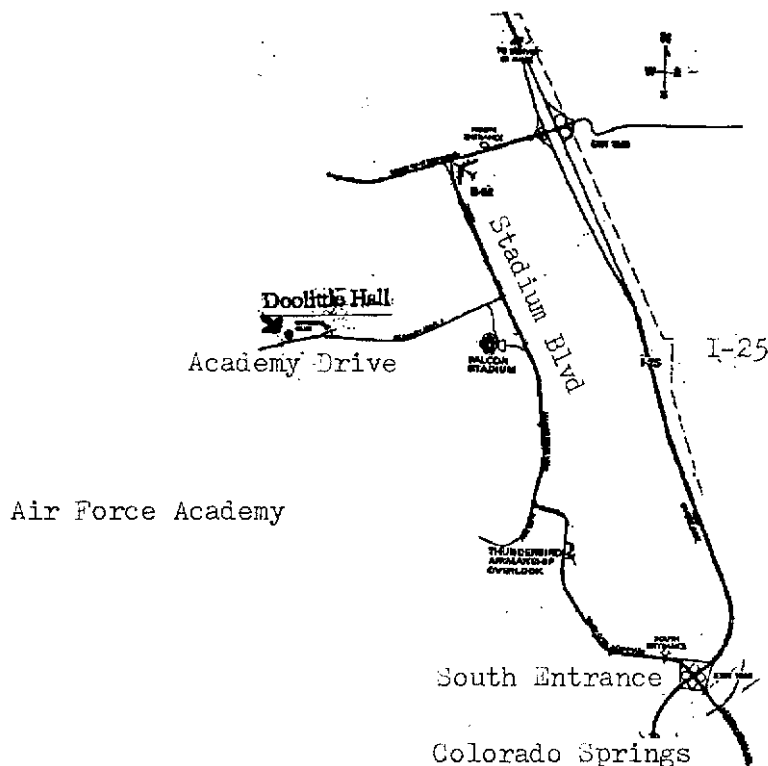
Dress: Casual

Please Bring: Your favorite Italian covered dish

A gag gift (optional)

Directions: From the Academy's south entrance, take Stadium
Blvd. to Academy Drive. West on Academy Drive to
Doolittle Hall which is the first building past the Officer's Club
(see map below)

R.S.V.P. by
December 1 - 528-6834



Thank YOU Hardscabble Volunteers !!!!

by Mike Heymann

HARDSCRABBLE 94 was a magnificent success. What follows are but a few of the ride's attributes: great weather, no accidents, superb rest stops, SAG, route marking... and 400 riders. The success of this ride was a direct consequence of the organization efforts of Diane Edmonds - supplies; Ray Edmonds - maps & SAG; Warren Barta - rest stops; and Cathy Heymann - a thousand details.

Please take the time to single out, recognize and thank the following volunteers, without whose efforts this ride would not have been the resounding success it was:

Alan Severn
Anne Smith
Barry Wick
Bart Hall (Hardee's)
Bob Smith
Bonnie Turnbull
Butch Shaw
Cathy Heymann
Custer County Bike Club
Dale Campbell
Dave Sample & family
Diane Edmonds
Doug Barnett
Faith Livingston (Fremont SAR)
Fawn Remington
Garth Jarvis
Harold Shaw
Herman White
Jane Heroux
Jim Dalton (Ted's)
John Crandall (Old Town)
Kristal Kraft
Larry Schorr
Lynn Allen
Mark Rowe
Mike Remington
Peggy Shaw
Ray Edmonds
Richard Owens (Lions Club)
Rob Miskowitch
Rosalyn Sample

Sharon Boyd
Teresa Do
Todd Loyd
Tom Preble
Vicki Jarvis
Warren Barta

If you like the t-shirt, we have some left over. The sizes available are M, L, and XL. The cost is \$6.

Ed Note. After scanning the volunteer thank you list, I couldn't help but notice one glaring omission. The 1994 Hardscabble Ride Chairman: Mike Heymann. Thanks for all of your work too!!

Riders' letters from the Hardscabble

Hardscabble volunteers appreciate riders taking the time and the effort to relate how much they appreciated and enjoyed the event.

Dear Colorado Spring Cycling Club,
Once again your bike tour was organized and there was good food at the rest stops. The homemade goodies are always a hit.

I especially want to say thanks to Larry Shore (Schorr), who loaned me his sunglasses before the first rest stop.

Sherri Durman

Ladies and Gentlemen:

I wanted to tell you what a superb job you did on the Tour de Hardscabble. I've been on three or four centuries, and this was in every way the best one. Not a detail was out of kilter. The pre-ride instructions, the schedule for breakfast and departure, the arrangement of the rest stops, the quality of the food, the location of the signs--all were done with efficiency and class. The ride notes were literate and explicit; the map was equally informative--and lots of fun.

As a new member, who just got his first copy of The Bent Fork Chronicles, I look forward to other events pulled off with the same spirit and diligence.

Neale Reinitz

Wally Wonders

Wally was thinking about writing a really long article this month, but then, a remodeling project struck. Ever been off the bike for a whole month at a time? Major bummer. Worst part is that I'm not sick or anything, just too busy to ride. I have noticed that I am not as happy and my body aches. Could it be from picking up those 4X12 foot double pieces of 5/8 inch rock? How about the jack hammer and the concrete saw? How about no riding. My endorphine buzz has been cut off. I wanted to ride sooo badly that I thought about taking a recumbent for a spin. You know the spin you get when the rear fender gets caught in the rear wheel and you turn the road into the world's largest brother peeler. I have seen this with my own eyes and know that it is true.

So for Christmas Wally is giving you a really short article. No telling how far I'll go next year. Get out those winter clothes, and put on the wide tires. January is the time to start getting in shape for next year. You have to stay fit, I spoke to Ken Hagen in Phoenix and he was complaining it was all the way down to 75 degrees. I must remember to call him in July...

Otero Cyclery Saves CSCC members Day

Special thanks to Bryan Olsen of Otero Cyclery. Otero has shops in both Canon City and Salida. Before beginning the Crest Trail ride, one of our members noticed they did not have their front wheel. It was too great a day to miss a ride, so it was a quick trip to Otero Cyclery. Bryan was there but the shop was not open. He offered the loan of a wheel and tire to make the day. Everyone had a great time on the Crest Trail thanks to Bryan. Nard Claar

Nard is a CSCC member that lives in Penrose. He led 2 rides this year, his first outings as a ride leader for the club. Thanks for the help. Watch for Nard's fun mountain rides next year. P.S. Nard, when somebody does this you get to submit the tech tip too!

Six Weekends of Fall

by Bob Smith

The Cuchara Pass Ride on Aug. 27 & 28 was lead by Mike and Fawn Remington. Mike's father and mother drove sag so Mike and Fawn could ride. We began at the police station in Walsenburg with four tandems and three singles. After a brief stop in LaVeta for ice cream and Rocky Ford cantaloupes, we continued on toward Cuchara. This area was new to many of us on this tour. It was refreshing not knowing what was around the next turn. What we found was great views of the Spanish Peaks and quiet roads for riding. After a stop in Cuchara to repair a flat, we proceeded to the top of Cuchara Pass. After a brief descent, we rode around a lake and then to Monument Lake Resort where we spent the night. The first day's ride was about 45 miles, which was just enough considering the mid-morning start.

After dinner Ray and Garth took out a paddle boat for a fast ride around a large rock in the middle of the lake. After breakfast in the morning the ride to Trinidad was fast and mostly down hill through the towns of Stonewall, Weston, Segundo, Cokedale, and Jansen. The towns along this valley are all relatively close together with houses and farms all along the route. I found this a bit unusual for Colorado. From Trinidad we rode the shoulder of I25 north to Walsenburg except for a side trip into Aguilar for a \$1.15 turkey and cheese sandwich on wheat with lettuce and tomato from the local grocery store. This was a great two day trip and thanks to two generations of Remingtons for bringing this to us.

Anne and I were the only CSCC members to make it to Summit County for the Labor Day West Fest rides. We took the mountain tandem and the road bikes. Due to a late start from the Springs on Saturday we only rode the bike path from Frisco to Copper Mountain and back that day. Early on Sunday we drove up to Copper from Frisco to enjoy the art exhibits and rode over to Vail for lunch. We got back to West Fest in time to see

the Mavericks and Restless Heart in concert. We had a great dinner meal at the Blue Spruce Lodge in Frisco. On Monday morning we rode from Frisco to Montezuma. We had never ridden up the road towards Montezuma before. It was a very enjoyable ride with very little traffic. We wanted to ride farther but we had to get back our motel because they wouldn't give us a late checkout.

Note. you didn't ride very far towards Montzuma if you think it is an enjoyable ride. This is a leg of the Peak Pass Out, and why? Because it is the route that put the up in uphill. Go to the gravel and then turn around. Don't worry about the checkout time, your survivors can clean up that mess. Ed.

For weekend number three Sept. 10-13, we headed south to New Mexico for the Enchanted Circle Century in Red River. We have done this ride for the past six years. This year we decided to do something a little different. On Saturday we drove to Taos and made reservations at the Kachina Lodge for Sunday night. We asked if we could leave our van in the parking lot over night. We loaded the rear panniers onto Big Blue and we were off to Red River. The plan was to ride the second half of the Enchanted Circle loop on Saturday and spend the night in Red River and so we could end the ride in Taos on Sunday. That way we could do some sightseeing such as visit the Taos Pueblo. We got started on Saturday a little later than planned and due to two flat tires near Angel Fire we didn't arrive in Red River until just before dark. We collected our ride packets, checked into our lodging and had dinner. After dinner we took a short walk about the village. On Sunday morning we were a bit of an attraction on a tandem with panniers. It was the warmest start that we could remember for this ride. It was also smallest group we had ever seen for the mass start. This ride has never been known for great support but it does have some great scenery and the fastest start of any organized ride we have been on. The ride starts out with 12 miles of downhill into Questa with very little traffic. We arrived in Taos around 11:30 a.m. and had lunch at Michael's Kitchen before

checking into the Kachina Lodge. We did the sightseeing thing and on Monday we drove the high road to Santa Fe and spent Monday and Tuesday in Santa Fe. We would really like to go back and ride the high road to Santa Fe. It would be one gorgeous ride. Maybe next year we will extend our New Mexico long weekend even more.

September 17-18 was Hardscrabble weekend. We rode our singles on the Saturday volunteer ride. The aspen were just beginning turn near the top of Hardscrabble Pass. Sharon, Dale, Fawn and Judy handled the sag duties for the volunteer ride and they did a great job. The weather was perfect and we all hoped the weather would be at least as good for Sunday. I struggled with last six miles of Hardscrabble Pass. When I arrived in Westcliffe I waited for Anne. I still wasn't feeling very well but after a short rest we continued on together. Once we arrived at Texas Creek I was feeling a little better. Had Sharon and Dale been in Westcliffe instead of Texas Creek, I may have abandoned. Anne and I finished the remainder of the ride together. This was our longest ride of the year. After a group dinner at Bernadinos it was back to the motel to fill water containers and make final preparations for the big event. Anne and I worked the first rest stop with Jane, Lynn, Tom and Barry. I thought it appropriate for the Smith's to work the Smith Creek rest stop. The first rider arrived at 8:10 a.m. and the last rider came through around 11:30 a.m. We packed up the rest stop and headed to rest stop number four to help Theresa and Bonnie. On the way to rest stop four we saw the first riders finishing in Florence at about 12:10. At rest stop four we got to see many of the riders we saw some 3-5 hours earlier. The weather again was near prefect. Around 1:00 p.m. it clouded up like it was going to rain. The early afternoon cloud cover provided the riders protection from the hot sun and never produced any rain. The Hardscrabble was a great success and everyone who helped in any way deserves a pat on the back. I thoroughly enjoyed working the rest stops and getting to chat a little with riders. I truly believe that CSCC puts on the best events.

Back on Labor Day weekend Anne and I commented while driving over Hoosier Pass that it would be a miracle if there are any leaves left on the aspens for the Lead Triangle or Cumbres and Toltec weekends. The trees on the south side of Hoosier Pass had already begun to turn. The drive from Springs to Leadville on Friday, Sept. 23 wasn't nearly as spectacular as last year but Saturday still held promise for being a good ride. We awoke Saturday morning to warm sunshine and clear skies in Leadville. This year ride would go clockwise, as did the original Lead Triangle five years earlier. All the splendors of a Rocky Mountain fall opened before our eyes as we reach the summit of Battle Mountain. The ride down into Minturn was beautiful. We lunched in Vail at the Hub Cap Brewery and Cafe. We sat outside and marveled at the golden backdrop provided by Vail Ski Mountain. The ride up Vail Pass was made even more difficult due to the US West excavation to lay a fiber optic cable. Anne, Dale and I decided to ride on the shoulder of I70 for the remaining six miles to the summit. With Vail Pass behind us, I was dreading Fremont but it wasn't nearly as bad as I imagined. We arrived back in Leadville well before dark this year. The jury is still out on which direction is most difficult. The day one statistics were 83 miles and 5980 feet of climbing. Throw in that easy 23 mile loop on day two around Turquoise Lake and you have an additional 2120 feet. The Turquoise Lake Loop is always a feast for the eyes and seems to offer something different every year. This year the reflections of the mountains and golden aspens in the water from south side of the lake gave the illusion of large waves in the water. The weather for the Lead Triangle was the best ever. Aspen viewing was just a little beyond peak. All in all it was another great fall weekend in the Rockies.

Our final fall Rockies weekend was the Cumbres & Toltec Train and Bike on Oct. 1&2. We awoke to damp overcast skies Saturday morning in Alamosa. As we drove south to Antonito the skies began to clear. At Antonito Station we packed our van with 12 single bikes and one tandem. Once the van was packed everyone purchased their lunch tickets for the lunch stop at Osier and it was all-aboard for Chama. Joe Vigil, a Cumbres & Toltec Scenic Railroad

employee, drove the van over to Chama. The first part of the train trip through the sage lands was rather boring but as the train climbs into the mountains the scenery improves significantly. On this year's trip we met fellow cyclist Leo Murray. He just happened to read a brochure about the train while in Alamosa. Leo is on a transcontinental bike tour from Seattle to Miami. Ten years earlier he had toured from San Diego to Portland, Maine. Leo has lived for the last 30 years in Hong Kong. We moved out to the observation car to better enjoy the fresh mountain air and scenery. I found the train ride to be very enjoyable and relaxing. The ride down from Cumbres Pass into the Chama Valley was the highlight of the trip. The golden aspens were just reaching their peak and the scrub was changing to oranges and reds. It could have not been better. We stayed at the Chama Lodge B&B. After breakfast we all saddled up for the ride up Cumbres Pass retracing yesterday's train route. The early morning lighting provided a whole different perspective. Gary spotted a small log cabin on a hillside and said, wouldn't it be great to spend some time there. Descending La Manga Pass into the Conejos River Valley was a feast for the eyes. One is tempted to stop at every turnout in hopes of burning a lasting impression into the mind. However, the cyclist in you wants to enjoy the speed and rush of the descent. Way too soon, we were back in the sage near Antonito.

Tabouli Recipe by Gary Papazian

Here's a recipe for a whole grain salad or side dish I submitted a few years back. With so many new members, and a few changes and optional additions to the recipe, I re-submit it for your enjoyment.

Ingredients:
1 c. boiling water
2 c. Bulgur
1/2 c. olive or salad oil

1/2 c. lemon juice
2 tsp. salt
1 Tbl. vinegar
1/4 tsp. pepper or Mrs. Dash
1 medium bunch chopped parsley
1 large diced tomato
1 can black beans - optional (drained & washed)
or 1 can chick peas - optional (drained & washed)
yogurt for topping - optional

Add bulgar to boiling water, mix and let stand covered while preparing the parsley & tomato (approx. 20 minutes) then combine all the ingredients, mix well and refrigerate overnight.

This makes a great (& healthy) snack, salad or side dish. I buy bulgar at Mountain Momma at .60/lb. This dish is a real bargain. With beans, it makes excellent cycling fare. Enjoy!

Editor's wife's note: Gary has promised to make this salad for the progressive dinner ride at the end of October, as long as he doesn't have to ride up our driveway with it strapped to his bike!

Peach Cobbler recipe from Ken Hagen's going away ride picnic

Letters to the Editor:

Ray,

I am typing slow because I know you don't read very fast.

Enclosed are two (2) articles for the news letter Nov/Dec:

1. Hardscrabble Training Ride.
2. CSCC Bike Club Jersey.

Give me a call during the work day at (719)535-1515 if you have any questions.

I am sure you will modify the articles any way you want especially after my opening comment.

Now if I can just get this darn message out through the Internet.

Good Luck,
John McLain

To the editor:

I just received my CSCC newsletter and read it cover to cover. I couldn't put it down. What continues to amaze me is the range of activities that are provided by the club. Just look at the September calendar - talk about busy!

I particularly enjoyed the following about

(Continued from page 13)

tape, recent Specialized transition tires, new toe clips and water bottle cages, low miles, excellent condition \$265 Hal Church 636-9369

FOR SALE: **Specialized Hardrock** - 17", red, well cared for, great buy, \$200
Trek 2300 Frameset - 52cm, Carbon Fiber & Polished Aluminum tubing, like new, \$200
Sew-Up wheels - Mavic 330 rims, Shimano 600 hubs, Wolber tires, 7 speed, 32 holes, \$75 - a good deal
Call Kevin at 570-0450 (evenings) or 535-6848 (days)

FOR SALE: **Holubar down filled sleeping bag**. Suitable for fall and winter use. Excellent condition, like new, used very little. \$75. obo

Trak, Alberta X.C. skis, 205 cm length, waxless, 3 pin bindings. Good condition \$90. obo

X.C. ski boots, size 9, for 3 pin bindings. Good condition \$40. obo
Call Ed Wallick 632-6401

TOARV 94 RIDE JERSEYS-- EXTRA LARGE ONLY - \$15.00

TOARV 94 RIDE PINS--\$2.50

TOARV 93 RIDE JERSEYS--1 small & 2 mediums - \$7.50

TOARV 93 T-SHIRTS--1 small - \$5.00

92 & 93 RIDE PINS--\$1.00

Anne Smith - 528-6834

HOUSING AVAILABLE: Room and board available in Rockrimmon area. Ideal for cyclist or student. Private room and share rest of house. Arrangements are very flexible. Call Barry Wick at 594-9119 (home) or 548-2415 (office) for details.

Santana Elan tandem, 20"/19", blue, pre-index drivetrain, like new condition \$600, try finding a Santana for this cheap anywhere else Burley trailer, non-folding, \$150, great shape y'know Cannondale SR 800, full Ultegra, 58 cm, only \$650. Priced a new one lately? Jim Grippin 683-2829 John Cunningham 683-2713

Or just ask directory assistance for: Recumbent Global Headquarters, Planet Peyton.

Trek 2120 Carbon Frame Alum fork and stays, triple crank, barcons, ice purple frame, 1000 miles like new \$850.00 Gary P. 473-5373

Tech Tips:

The Column in which you get to get even with the person that has submitted a tech tip about you. Let it be known to all people that I merely report these tech tips, and do not generate them. Embellish maybe, but generate, hardly ever. So why is it that 50% of the tech tips submitted each month refer to your humble editor?

To Stephen Remington. Do not worry that your son Mike has health problems because he is wearing a heart monitor. Cyclists wear heart monitors because it allows them scientific proof that their butt is kicked, vs. that old, Am I tired or just feeling tired. However you should worry a lot if you see Mike trying to do a brain scan.

From Bonnie T: A little late but still fresh, even though you were not. When ejecting from your bike on a ride like the Crest Trail ride, there are no style points for "Perfect Swan Dive Form". However in your case we might give you a couple for choosing diving form while headed towards a big mud puddle.

Have you been having trouble eating those power bars while speeding away on your aero-bars? Well if you are, a tip from Mike R. will help. Simply rip the wrapper off the power bar, ok sometimes that isn't real easy, lick the back side of it, and stick it to the stem for your handle-bars. When you're hungry it's right there. Thanks Mike.

Ed. Note. I sold those aero-bars to Mike and I thought the only reason to have them on the bike was to hold partially eaten powerbars. Sure beats putting them on the top tube!

While overcome with the beauty of Hardscrabble Pass, Ray E. was able to demonstrate his version of The Sound of Music with his rare Campagnolo equipped rotary indexed auto harp. Sounded like ting, ping, pling, plink, plunk, grunch. Rumor has it that his next bike will have a fixed gear as he is short one rear derailleur. May we suggest a solid disk wheel.

Did others notice all the free Campy advertisements along the Hardscrabble ride? Lots of little newspaper boxes called RECORD. Or was this a warning device?

Ed. Note: I did this on purpose! I wanted to see if on the volunteers ride with over half the SAG crew present we could fix a mild problem. We couldn't and I coasted back to Florence. Except for the 2-3 miles I pushed my bike on my rapidly disappearing Sampson cleats.

Club Meeting Minutes:

CSCC 6 SEP Meeting Minutes

Bob Smith opened the meeting by presenting the Financial Report. Balance as of 2 AUG 94 was \$9,611.54. After receipts and disbursements, the balance as of 6 SEP 94 is \$13,688.92. Ray Edmonds made a motion to accept the financial report and Henry Townes, a second. OLD BUSINESS Progressive Dinner 30 OCT at 1pm starting at Acacia Park; costumes/passive nudity accepted. Christmas Party 3 DEC; potluck at Doolittle Hall at 7pm. Lead Triangle 24-25 SEP; lunch in Vail at "Hubcaps"...ride it backwards? Hardscrabble Update: Rest-stop volunteers meet at Warren B. house. Need 4 tables per stop and need water containers. Diane E. - food. Pick up packets at Hardees on Saturday. SAG: Ray E., Rob M., Fawn & Mike R., Garth, Larry Schor and Ted's Bicycle. T-shirts ordered. Volunteer ride 8am from Park. Dale Campbell/Sharon Boyd/Fawn Remington SAG. Volunteer dinner 6pm Bernadinos. John McLain requesting designs for CSCC member jerseys. He has 2 designs, needs more! 280-290 people may request jerseys. NEW BUSINESS Volunteers needed for Trails Coalition, Clean Air and other special interest groups. Looking to the year 2020. Alan Severn providing refreshments next meeting. Nominating Committee: Rob M., Diane E., and Barry W. A slate of nominees to be provided by 15 OCT. Election NOV meeting. Tony Lyons DBTC has a CD ROM MAP (color) map system. Discussed details. Motion to adjourn by Warren Williams with Diane Edmonds second.

CSCC 4 OCT 1994 Meeting Minutes

Bob Smith opened the meeting by welcoming all and asking Anne Smith to present the Financial Report. Balance as of 6 SEP 94 was \$13,688.92; after receipts and disbursements balance as of 4 OCT 94 is \$10,622.58. Warren Williams made a motion to accept the report with second by Henry Townes. Hardscrabble volunteers are requested to submit their expense receipts to Anne Smith. Additional expenses are expected, for example Printing Expenses. OLD BUSINESS The Ride Committee met last Tuesday. All decisions are currently being made by just a few members. The club requests participation and new ideas. The next Ride Committee meeting is Tuesday, 29 NOV. Responsibilities include: attendance at 8 meetings a year, suggesting cycling events, nordic skiing, etc. The ride calendar for NOV & DEC was circulated around the group for members to sign up for ride leader. One suggestion; bike ride down

Pike's Peak. Progressive Dinner ride on Sunday, 30 OCT requires reservation; call Anne Smith. Christmas Party on Saturday, 3 DEC at Doolittle Hall...details in next newsletter (i.e., this one). Ski Committee; Warren Barta's Hut trip is sold out--he has a waiting list. Thanksgiving Moab trip has lodging available in the area. Contact trip sponsor Diane Edmonds for information. She needs a head count/your contribution for the dinner. Tom Preble is looking for floor space. Apparently, he does not want to miss Ray Edmonds and Jim Card riding Slick Rock on a tandem. Hardscrabble Update: It was profitable...425 registered and 7 cancellations. Revenue \$10,507.50, Expenses \$7,827.28, Net \$2,680.22. The net for 93 was \$550. Thank you to key people: Diane Edmonds, Ray Edmonds, Anne Smith, Warren Barta, and Cathy Heyman (Mike too). How to thank everyone? How about a Volunteer Party! Time and Place? Hardscrabble T-shirts were left over (small, medium and large) and will be offered for \$6.00 each. Call Mike H. Suggestions were to advertise in the newsletter and bring them to club meetings. Power Bar was a "no show." Ray E. made a suggestion to group our century with other clubs for a "Colorado Century Challenge" to increase ridership. Ways to bring in dollars up front were discussed. The most favorable was to increase the cost after a posted date. Hardscrabble had a large number of same day registers. Suggestions that the ride profit may depend on the weather. It was also suggested that some people ride for the T-shirt and others for the free bicycle tuneup! Mike H. has volunteered to be the Marketing person for Hardscrabble next year. A Hardscrabble Chairman and committee should be selected in the near future. CSCC 4 OCT 1994 Meeting Minutes (continued) John McLain is soliciting graphic designs for the CSCC shirts. Please submit your designs. He is recommending sublimation versus a silk screen. Long and short sleeve shirts will be offered. John is contacting the following: In Motion, Canari, and LL Bean. He will also have order forms for members to preorder. Nominating Committee: Diane E. representing group [Barry W. and Rob M.] Bob S. outlined the office and duties for each as follows: President - coordinate, preside, and appoint committees. VP - perform duties for the President (in absence); chair speaker's committee Secretary - scribe meeting minutes and responsible for club correspondence Treasurer - all financial records. (Club bank account) Editor - THE CSCC NEWSLETTER! Board of Directors - all club officers; past President (non-voting). The committee divided the alphabet. Diane

still has a few names to call, meaning you are not off the hook yet. The next newsletter will have a list of nominees.***By the way, the 15th of OCT is the deadline for newsletter submissions. 1 NOV 94 will be the election of the new officers. Be sure to submit nominees. NEW BUSINESS: Mountain Bike ride Saturday AM with Vicki Card. Meet at the Bagel Stop. 3 1/2 to 4 hours duration. Bicycle Polo on 22 OCT. NOV speaker: Robert Harback (published a hiking book). ***There will not be a DEC meeting. Pikes Peak Area Trails Coalition Volunteers Meeting 22 OCT. Council of Governments (COG) has an issue; Colorado Springs is revamping the bicycle routes in their 2020 plan. Over the next few months, we need ride leaders and members to ride established routes and report feedback on a form. They are looking for alternatives (ie, most direct routes versus least busy streets. We are trying to be included in the statewide plan and receive ISTEAF funds. He stated the government is researching the possibility of a state bicycle tax to build a statewide database of registered bikes. He stated as a result of the 60 year flood, the bridge that was supposed to break away, did in fact! The damage is estimated at \$10,000. Another bridge has handrails missing. Members may want to attend the 15 OCT Thunderbird Estates meeting (South of Academy). Ute Pass feasibility has submissions from 3 contractors. CSCC 4 OCT 1994 Meeting Minutes (continued) Proposal: The club has dollars...our next ride is MAY 95. We need additional water containers, 6 gallon size, for a capacity of 100-120 gallon capacity to stop borrowing from Denver. A suggestion was made to purchase in volume. The club may sell old containers, there are 8, to members for several dollars. We also need canopies (self-contained). But, how will we be able to lock Ray E. in the porta pottie?! We would also like to get a good scanner and upgrade to a desktop publishing package for the EDITOR. Motion to adjourn by Mike Heyman, second by Anne Smith. Tim T. provided slides from his JUL 94 adventure with friends at Mt. Ranier. Thank you Tim, the experience was incredible! Cookies (yummy), juice, apples, and bananas by Alan Severn.

Sharon Boyd Colorado Springs Cycling Club Secretary

Membership News:

The CSCC members and officers welcome the following new members: Tungsten Alacazar; Allen Alchian; Tom & Mary Beltz; Bill & Noelle Berry; Chris Clarke; Franklin & Mara Colbert; Jill Eckl; Sarah J. Fraser; Patrick & Shauna Hogan & Family; Sabrina Jensen; Terry, Joal & Kristen McCann; Lawrence A. McGinn; Pete Murray; Douglas C. Pender; Neale Reinitz; Robin Ricca; Dick Timberlake; Henry Towne;

Welcome again to returning members: Doug Barnett; John Cunningham; Doyle Dikes; Jim Grippin; Michael & Cathy Heymann; Norm Howard; Milt & Cynthia Johnson; Bruce Mannebach; J. P. Neuteboom; Pat O'Connor; Marielle Oetjen; Dave Schlichtig; Doug & Marsha Sheldon; Phil Smith; Roy W. Walholm, Jr.;

PRESS RELEASE:

To those who are friends or related to those who belong to biking clubs:

Have you thought these bikers exercise freaks, weird groupies, lacked imagination for weekend activities?

These are our thoughts even after having the experience of doing SAG for a ride and frankly admitting we enjoyed being part of their weekend adventure.

But in spite of their addiction we have discovered they are very nice and kind people.

After the ride and when all were heading home we had a flat. Five of the bikers stopped to help us.

Biking must be good for their hearts.

- Stephen and Janet Remington

Several club members have asked for Ken Hagen's new address & phone number. Here it is:
Ken Hagen
14229 Fountain Hills Blvd.
Fountain Hills, AZ 85268
1-602-837-7691

CLUB OFFICERS

President
Bob Smith
528-6834
5695298@mcimail.com
Vice President
Michael Heymann
632-4112
Treasurer/ Membership
Anne Smith
528-6834
5695298@mcimail.com
Secretary
Sharon Boyd
6096335@mcimail.com

Road Ride Committee
Warren Barta
632-3602
Rob Miskowitch
548-8667
5837843@mcimail.com
ATB Ride Committee
Mark Rowe
633-5073
Tim Tiefenbach
685-1398
Touring Chairman
Michael Heymann
632-4112
Ride Calendar Coordinator
Diane Edmonds
Edmonds@peaks.dec.com
685-9600
Newsletter Editor
Ray Edmonds
Raymond_Edmonds@ccm.hf.intel.com
685-9600

BICYCLE COMMUTERS

Thinking about riding your bike to work?

Not sure about the best, quickest, safest route?

Questions about your bike or equipment?

RIDEFINDERS BIKE TEAM HAS THE ANSWERS!

Call us at 471-7665 and we'll connect you with one of our local bicycle experts to get you started on your commute.

They can help you with just about any aspect of biking and are happy to share their knowledge with both novice and experienced riders. This is a free service provided by RIDEFINDERS.

Club Stuff

As a CSCC member, you are entitled to a 10% discount on the purchase of cycling accessories from the following bike shops:

Bike Stores:

Colorado Springs Bike Shops (719) 634-4915. Two Colorado Springs Locations.

The Bike Habit (719) 599-0707

Pedal Revolution (719) 389-0909

Ted's Bicycles (719) 473-6915

FOR RENT: Bicycle Travel Bag. Non-members \$10 per day or \$50 per week. Club members \$5 per day or \$25 per week plus security deposit. Longer periods negotiable. Call the CSCC Hot Line.

You ask "How do I get a membership roster of fellow club members?" The answer is simple; come to CSCC's monthly club meeting. Not only can you contribute to the planning of the club's rides and activities, get the benefit of an informative program followed by delicious refreshments plus every two or three months you will get an **updated CSCC club roster**. What a deal!!!! Check page one of your newsletter for date, time and location.

Newsletter Submissions

Items for the newsletter should be submitted by the 15th of the month preceding publication. Physical items may be sent to: Newsletter, CSCC P.O.Box 49602, Colo, Springs, CO. 80949. Email: Internet address Raymond_Edmonds@ccm.hf.intel.com or Redmonds@inside.intel.com Fax: (719) 685-1023

Rideleaders


Mail your ride sheets to Rob Miskowitch 5140 Saddle Drive Colorado Springs CO. 80918. Rob is the club statistician.



November 1994

Colorado Springs Cycling Club's Calendar of Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct 30 1:00 PM Halloween Progressive Dinner Ride Acacia Park End Daylight Savings	Oct 31 Halloween	Nov 1 7:00 PM Club Meeting, Election of Officers	Nov 2	Nov 3	Nov 4	Nov 5 10:00 AM Sat. Road Ride K-Mart Powers
Nov 6 9:00 AM Brunch Ride Palmer Park Ball Diamond 632-4112 1:00 PM Social Ride Acacia Park 471-8035	Nov 7	Nov 8	Nov 9	Nov 10	Nov 11	Nov 12 9:00 AM Academy Time Trial Chapel Hills WalMart 637-9351 10:00 AM Sat. Road Ride Chapel Hills WalMart 548-8667
Nov 13 1:00 PM Social Ride Acacia Park 632-3602	Nov 14	Nov 15	Nov 16	Nov 17	Nov 18 Full Moon Have you RSVP'd for the Holiday Party? 528-6834 or 594-6354	Nov 19 10:00 AM 100K Bullet Train K-Mart Powers 637-9351
Nov 20 1:00 PM Social Ride Acacia Park 592-9193	Nov 21	Nov 22	Nov 23	Nov 24 Thanksgiving	Nov 25 Don't forget to RSVP for the Holiday Party! 528-6834 or 594-6354.	Nov 26 10:00 AM Sat. Road Ride K-Mart Powers 390-0590
Thanksgiving in Moab 685-9600						
Nov 27 1:00 PM Social Ride Acacia Park 528-6834 ...Moab	Nov 28 Hanukkah	Nov 29 7:00 PM Ride Committee Meeting, Poor Richard's Espresso Bar -- Jan/Feb 95 calendar	Nov 30	Dec 1	Dec 2 Last day to RSVP for the Holiday Party. 528-6834 or 594-6354	Dec 3 10:00 AM Sat. Road Ride K-Mart Powers 548-8667  6:00 PM CSCC Holiday Party!

See reverse for details or call the ride leader's phone number listed above, or call the Hotline 594-6354

November 1994— Colorado Springs Cycling Club's Events Schedule

When in doubt about the length or difficulty of an activity call the leader well in advance of that activity. Rides may be cancelled due to weather conditions such as rain or extreme cold.

Regularly Scheduled Rides:

Sunday Afternoon Social Ride: Leaves from Acacia Park at 1:00 p.m. Distances are typically 15-25 miles, at a slow-to-moderate pace. See calendar for ride leader's phone number.

Saturday Road Ride: Starts at 10:00 a.m. at (mostly) alternating locations. Distance is approximately 45-60 miles, with a 30-mile map-led option that intersects the main ride as often as possible. See calendar for start locations and ride leader's phone number.

Nov. 19 is a 100K Bullet Train Road Ride. Go for a personal best in a 62-mile cooperative team time trial. Shorter routes available. Relatively flat route. Match up in groups of 3+ riders, depending on who shows up. Not just for hammerheads... recruit a friend or prospective CSCC member with a similar pace.

Nov. 5 does not have a designated ride leader, but meet at the K-Mart anyway for a do-it-yourself Saturday road ride.

Special Events:

Academy Time Trial: On Nov. 12, ride a 10 mile time trial from the south entrance of the Air Force Academy to the B-52 and back. Relatively flat route. Join the 10:00 road ride afterwards and maybe even be sociable. Meet at the Chapel Hills WalMart at 9:00 a.m. Ride leader is Lynn Allan, 637-9351.

Nov. 6 Brunch Ride: Meet at the ball diamonds in Palmer Park at 9:00 am for a socially-paced ride to a restaurant for brunch. Ride leaders are Mike and Cathy Heymann, 632-4112.

Thanksgiving in Moab: Join us in Moab, Utah, for a few days of mountain biking, road biking, hiking, sight-seeing, and turkey-eating. Here's your chance to visit Moab/Arches/Canyonlands with a diverse group of people, many of whom know the area well. RSVP to Ray or Diane Edmonds, 685-9600.



December 1994



Colorado Springs Cycling Club's Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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Jan. 1 1995 Frozen Water Bottle Ride 528-6834 ----->>																																																																																										

See reverse side for event details or call the number listed above or the Hotline 594-6354.

December 1994--- Colorado Springs Cycling Club's Events Schedule

When in doubt about the length or difficulty of an activity call the leader well in advance of that activity. Rides may be cancelled due to weather conditions such as rain or extreme cold.

Regularly Scheduled Rides:

Sunday Afternoon Social Ride: Leaves from Acacia Park at 1:00 p.m. Distances are typically 15-25 miles, at a slow-to-moderate pace. See calendar for ride leader's phone number.

Saturday Road Ride: Starts at 10:00 a.m. at (mostly) alternating locations. Distance is approximately 45-60 miles, with a 30-mile map-led option that intersects the main ride as often as possible. See calendar for start locations and ride leader's phone number.

Dec. 17 is a 100K Bullet Train Road Ride. Go for a personal best in a 62-mile cooperative team time trial. Shorter routes available. Relatively flat route. Match up in groups of 3+ riders, depending on who shows up. Not just for hammerheads... recruit a friend or prospective CSCC member with a similar pace.

Special Events:

CSCC Holiday Party: December 3, see newsletter for details. RSVP to Anne Smith, 528-6834 or 594-6354, by Dec. 2.

Cross Country Ski Trip: Dec. 4 day-trip in the Breckenridge area. RSVP to Warren Barta, 632-3602, for details.

Academy Time Trial: On Dec. 10, ride a 10 mile time trial from the south entrance of the Air Force Academy to the B-52 and back. Relatively flat route. Join the 10:00 road ride afterwards and maybe even be sociable. Meet at the Chapel Hills WalMart at 9:00 a.m. Ride leader is Lynn Allan, 637-9351.

Freeze Your Ass Winter Solstice Mtn. Bike Ride: A gonzo tradition. Meet at 7:00 a.m. at the Albertson's on Hwy 115. Carpool to Canyon City and ride to Victor and back on the Shelf Road and the Phantom Canyon Road (no decision yet on which one is up and which one is down). Ride leader is Tim Tiefenbach, 685-1398.

New Year's Eve Social Ride: Meet at Acacia Park at 2:00 on December 31 for a slow-to-moderate social ride of 15-25 miles. Afterwards, adjourn to Phantom Canyon Brewery to say farewell to the 1994 cycling year. Ride leader is Alan Severn, 471-8035.

New Year's Day Frozen Water Bottle Ride: One of the club's oldest traditions. See the next newsletter for details, or contact Bob Smith, 528-6834.

Classified ADS

Club Policy: Non-commercial advertisements are free to all club members. Ads will run for one month unless renewed. Commercial advertisements are \$10/month for a 2"x 3" ad. Three month minimum, send check and ad copy to: Classified ads, CSCC, PO Box 49602, Colo Springs, CO. Ad deadline is the 15th of the month prior to publication. The Bent Fork Chronicles is published eight times per year.

For Sale: Miyata AX 56cm. Good all around Bike like new \$400.00. Cannondale SR-800 Road Bike. Light fast and priced right! \$600.00 Bridgestone MB0 (Zip) Very light mountain bike. Best offer. Call John Cunningham hm 719-683-2713, wk 719-574-0600.

For Sale: Giro Ventoux helmet large red like new \$80 call Steve wkdays 594 5818.

For Sale: 57 cm Trek 620 Touring Bike. New brakeset, new round triple chain rings, 7 speed bar-end indexed shifting, new Shimano LX rear derailleur, Mavic MA40 rims with Dura-Ace hubs \$350.
Two 56 cm Miyata Alumicross hybrid bikes, 700c wheels, triple cranks, full Shimano DX components. Great touring, commuter and cyclo-cross bikes. Both bikes well maintained and in very good condition \$450 each.
1-Race ready tubular wheel set including rubber. Mavic GL330 rims with Dura-Ace 7-speed cassette hubs with 12x24 cog set, Vittoria CX front and CG rear., Like new asking \$200.
2-700c Tandem wheel sets, 40 hole Wheelsmith Sun Chinook rims with Suzue Hubs, 48 hole Wobler rims with Sansin Hubs, several Dura-Ace freewheels, rear wheels threaded for a drum or disc brake. To make an offer call Bob Smith at 719-528-6834.

FOR SALE Trek 1000 Aluminum 60 CM road bike, triple chainring, 18 speed, recent Shimano LX indexed rear and Deore front derailleurs, 2 stems, new HB tape, recent Specialized transition tires, Ritchey Logic saddle, new toe clips and water bottle cages, low miles, excellent condition \$295 Hal Church 636-9369.

FOR SALE: Trek 2300 Frameset - 52cm, Carbon Fiber & Polished Aluminum tubing, like new, \$200.
Sew-Up wheels - Mavic 330 rims, Shimano 600 hubs, Wolber tires, 7 speed, 32 holes, \$75 - a good deal.
Call Kevin at 570-0450 (eve's) or 535-6848

(days).

TOARV 94 RIDE JERSEYS-- EXTRA LARGE ONLY - \$15.00
TOARV 94 RIDE PINS--\$2.50
TOARV 93 RIDE JERSEYS--1 small & 2 mediums - \$7.50
TOARV 93 T-SHIRTS--1 small - \$5.00
92 & 93 RIDE PINS--\$1.00
Anne Smith - 528-6834

For Sale: 91 Fisher Pro Caliber, 19" Manitou Fork Suntour XC PRO Components Greaseguard. \$500.00, 87 Nishiki Mtn Bike 20" 6 speed Deore components. \$150.00 OBO, a true collector's item. Call Dave Schlichtig 260-6925.

For Sale: 56cm. Cannondale 3.0 frame, Campy Chorus 7-speed groupo. No pedals unless you want Looks, then I have about 10 pairs. \$550.00. 56cm Ross

Mt. Whitney Cross Bike. Drop bars, triple chainrings, Suntour groupo, Ram the Res, and cruise the Tarmak, never switch bikes. Low miles. \$300.00. 19 inch Cannondale MTB. Suntour 7 speed grease guard groupo, lots of other trick parts. Low miles, I'd rather cruise my Manitou. \$550.00. 56 cm. Eddy Merckx Century with Campy Record 8-speed ergo shifters, Delta brakes. Price reduced \$1994.00. Call Ray (too many bikes in the garage) Edmonds 685-9600.

HOUSING AVAILABLE: Room and board available in Rockrimmon area. Ideal for cyclist or student. Private room and share rest of house. Arrangements are very flexible. Call Barry Wick at 594-9119 (home) or 548-2415 (office) for details.



Avocet	Look
Bell	Marzocchi
Bellweather	Nike
Blackburn	Oakley
Bolle'	Pearl Izumi
Continental	Rockshox
Descente	Specialized
Diadora	Thule
Giordana	Tunturi
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FIVE PERCENT OF ALL TUNEUPS ARE DONATED TO THE TRAILS COALITION