



THE BENT FORK CHRONICLES

COLORADO SPRINGS CYCLING CLUB

P.O. BOX 49602, COLORADO SPRINGS, CO. 80849-9602

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The BENT FORK CHRONICLES is the official publication of the Colorado Springs Cycling Club (CSCC). Opinions and articles contained herein do not necessarily represent official club positions, unless so stated or indicated.

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528-6834

Vice President
John Leofsky
594-9123

Treasurer/Membership
Anne Smith
528-6834

Editor
Doyle Dikes
594-9181

Ride Committee

Ken Pattison
473-5154
Cathy Pillis
473-6750
John Leofsky
594-9123

Regular Rides

Ride leaders can be contacted prior to the ride if you have any questions. Rides may be canceled due to weather conditions, lack of interest, or conflict with special events such as TOARV-90.

Saturday Morning Ride.

The TOARV training ride starts from Wades Westside on Bijou and may be joined at K Mart at Galley and Powers.

Sunday Afternoon Ride.

Meet at Bijou Street on the south side of Acacia Park at 1:00 pm for a slow to moderate ride of about 20 miles. This is a good ride to meet fellow club members. Contact Ken Pattison 473-5154.

Monday Evening Dinner

Ride. This easy ride of about 15 miles leaves from Acacia Park at 5:30 pm. Dinner will be along the route or at a downtown location. Bring your suggestions and discount coupons. Contact Bob Smith 528-6834.

Tuesday Lunch Bunch

Ride. Meet at 10:00 am at the Hidden Inn in the Garden of the Gods for a springtime lunch ride with Anne Smith. This is an easy ride of approximately 20 miles with lunch at a restaurant during or at the end of the ride. Anne asks that you call ahead. 528-6834.

CSCC Events Calendar.

There may be several rides on the calendar not described in detail in the newsletter. The PREZ duz the calendar and the ED seds it. Possible omissions include the USAFA Training Rides, and Judge Orr Time Trials. For further details, feel free to contact any club officer or member.

The ED Sed

Doyle Dikes

Articles from club members concerning your cycling experiences, tips, or opinions are wanted for this newsletter. Electronic submissions via floppy diskette or modem are preferred.

Special Events

Western Poker Run, Sunday, May 6.

This ride starts at 1:00 pm from Acacia Park for a route which includes four check points where you are dealt a poker card. The final card is dealt at the finish in Acacia Park. The best poker hand wins a prize. Ride leader's choice as to whether this is straight, draw, or low ball poker. The ante is \$2.00 per rider.

Mother's Day Ride to Cripple Creek and Victor, Sunday, May 13.

The weather is never boring and since Friday the 13th comes on a Sunday in May, you know what to expect. There will be sag vehicle support by Marlene and Anne, the CSCC Sag Ladies. Zeke's chili awaits in Victor. Bill Rewerts and I will leave from Wades Westside on Bijou at 7:00 am. Alternate starts are Green Mountain Falls, Woodland Park, and Divide. RSVP for the wagon and details on options of 40 to 100 miles. Ride leader Bill Rewerts leads the front while co-ride leader Doyle Dikes brings up the rear. 594-9181.

TOARV-90, Saturday and Sunday, May 19 and 20. The Third Annual Tour of the Arkansas River Valley promises to be the best yet. Make plans now to be there as either rider or volunteer. We need volunteers for various TOARV committees. Contact Bob or Anne Smith at 528-6834.

Rampart Reservoir Mountain Bike Ride, Saturday, May 26. Meet at Team Telecycle in Woodland Park at 9:00 am. Your ride leader is Bob LeCour, 687-6246.

RAPP-90 Ride Around Pikes Peak, Saturday, June 16. RAPP-90 will leave from the La Baguette Bakery at 8:00 am for a 80 mile loop around Pikes Peak. The route is half paved and half dirt roads. Contact Bob Hyde at 475-0723 or John Leofsky at 594-9123 for more details. Be prepared to leave a message on their answering machines.

Summer Picnic

The picnic is planned for Saturday, July 14 at Fox Run Park. Both off-road and road bike rides will be available. See the July newsletter for more details.

Possible Rides

Elephant Rock Century, Sunday, June 3. This event offers options of 10, 25, 62, and 99.9 miles through the rolling hills between Denver and Colorado Springs. Sponsored by Diet Pepsi, applications are available at King Soopers, bicycle shops, and in the Rocky Mountain Sports & Fitness Magazine. Hot line number is (303) 440-0519.

Cystic Fibrosis Summer Classic, Saturday, June 9. Brochure enclosed in this newsletter or call Linda Veitch at (719)471-7857 after 5:00 pm.

Denver to Aspen, Saturday, June 30. Littleton, Deer Creek, Fairplay, Buena Vista, Independence Pass, Aspen. 185 miles. Denver Bicycle Touring Club (303) 798-3713.

The PREZ SEZ

Bob Smith

The club members voted to change the Club's Ride Point Program at the last club meeting. Rider, ride leader and support personnel points will be tallied separately. Points will be based strictly on club ride mileage. There will be no bonus rides or double mileage points for mountain bike rides. I will announce both male and female rider, ride leader and support person of the month in my column.

For April the female rider and ride leader go to none other than Anne Smith. Anne shows up on nearly every club ride and contributes with her big smile and great conversation. The male rider for April is Bob Hyde (aka Dr. Jekyll) and the male ride leader is John Ellis. Our support person for April has to go to Norm Howard for providing the club with a great meeting place and some great ski trips.

More than half of our membership is female. However, you would never know it from the turnout on club rides. I would like to dedicate the remainder of 1990 to the women of CSCC. What can the guys do for you to get you out on club rides? Come on ladies let's hear from you. Would you like a ladies only ride where the guys provide all the support? Are the regular rides too slow/fast or too short/long? We need your ideas. Do you want evening rides, weekend rides or just plain fun rides?

Beginning April 23 and continuing to October 22, I will lead the Monday Dinner Ride from Acacia Park starting at 5:30 pm. This is a slow paced social ride of 15-18 miles. The dinner stop is often somewhere along the route. This is an excellent ride for beginning or casual riders. I enjoy this ride because it gives me an opportunity to socialize and relax after a weekend of longer training rides.

The 1:00 pm Sunday Acacia Park ride is another ride to consider if you are new to the club or just getting back into

cycling. This ride is of moderate difficulty, with a few short hills and a 12 mph average pace. The distance is generally 20 to 25 miles. We have been averaging 12 riders on this one.

If longer and faster rides are more your style, then come out on our Thursday evening or Saturday morning rides. If you're into climbing, then join Bill at Tubby's Turn Around in Manitou on Sunday mornings at 8:30 a.m. for Bill's Ute Pass Assault. If you're into time trialing, then call Jim Donnelly at 599-3330. CSCC is a cycling club for everyone and if you don't see rides in your area of interest, then volunteer to make it happen. I'm sure you will get a few followers.

If off-road riding is your bag, then let's hear from you. We are really in need of mountain bike ride leaders.

Top Riders

Rider	Miles	Rides
Anne Smith	622	18
Bob Hyde	581	18
Bob Smith	546	17
John Leofsky	518	19
John Ellis	512	13
Ken Pearson-Hagen	379	11
Ed Keneski	375	12
Tom Noonan	348	12
Doyle Dikes	329	11
Bill Rewerts	205	8

Top Ride Leaders

Rider	Miles	Rides
John Ellis	321	7
Bob Smith	222	8
John Leofsky	184	8
Bob Hyde	63	1
Ed Keneski	43	1
Doyle Dikes	42	2
Tom Noonan	42	1
Anne Smith	25	1
Bill Rewerts	12	1

Bicycle Clinics

The Pikes Peak Library District and the Colorado Springs Cycling Club will be presenting two Bicycle Clinics at the East Library on Wednesday, May 16 and May 30 at 7:00 pm. The first clinic will cover preparing machine and rider for a summer of cycling. The second clinic will discuss and demonstrate the differences between road, touring and mountain bikes.

Bike Expo

Come out and visit the Chapel Hills Bike Expo during regular mall hours on April 20, 21, or 22. Volunteers are needed at the CSCC booth, contact Anne Smith at 528-6834. This is a great way to promote our club and our upcoming summer BIKE events.

For this weekend only, the regular Sunday Ride will leave from the Chapel Hills Mall near Mervyns entrance on Sunday, April 22 at 1:00 pm. We are planning mapped routes of varying distances from 20 to 50 miles.

Membership Chronicle

The CSCC members and officers welcome the following new members: Tom & Gerry Baucom, James F. Coakley, Shannon & Paul Dady, Mark Forbes, Jim Grippin, Francis C. Martz, D.R. Niehans, Bob & Tracey Nyboer, Ken Pearson-Hagen and David Spiese. Welcome again to returning members: John Czaja, Ruth and Saul Goldman, Karen Mertz, Ken Kenney, and Bob LeCour.

Classifieds

Non-commercial advertisements are free to all club members. Commercial advertisements are through Commercial membership in CSCC only. No ads will be published in The Bent Fork Chronicles without membership. Please submit typed ads to club mailing address by the 15th of the month preceding publication. You must include all pertinent information and where you can be contacted. The CSCC newsletter cannot be held responsible for any typographical errors.

WANTED: Burley trailer. Will pay a fair price based upon condition and age. Contact Neil Kovac evenings at 630-3554.

FOR SALE: Santana Sovereign Touring Tandem. The bike is a 1985 model, 22x21 frame size, dark blue metallic, 21 speed, Stronglight cranks, Look Pedals and Huret 3 function computer. In excellent condition. The bike was purchased new in May of 1986. Contact Bob or Anne Smith at 528-6834. Asking \$2000 or best offer.

FOR SALE: Univega Nuovotech. This beautiful rad aqua aluminum and steel composite frame set features Shimano Exage components with white Vetta saddle and white handle bar tape accents. Fresh out of the box, set up by Old Town. \$450 or ?. Jim Grippin 570-3537(w), 1-683-2829(h).

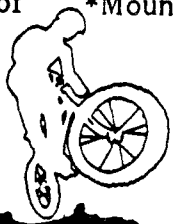
Palo Alto Mountain Pass Special.
This classy bike is set up for long mountain passes with a Sugino AT triple crank, Montech front and Eco DuoPar rear derailleurs, Sprint levers, Cyclone hubs, double butted spokes, Ambrosio Rims, Dia-Comp brakes, and 700-28 tires. Features chrome detailing on the fork crown, seat stays, dropouts, and chain stays. \$450 or ?. Jim Grippin 570-3537(w), 1-683-2829(h)

Commercial Memberships

In order to provide a fair and equitable program to businesses who wish to advertise in The Bent Fork Chronicles, the CSCC has instituted a Commercial Membership Plan. The Plan entitles a member business to a monthly business card size ad and a yearly full page sale or promotional ad. A Commercial Membership costs \$35. All artwork and ad layout must be provided to the editor by the 15th of the month preceding publication.

Monarch Mountain Lodge

"in the Heart of Colorado's Vacationland"

Two Hours West of Colorado Springs on Scenic U.S. Hiway 50. 1-800-332-3668	 <ul style="list-style-type: none">*Mountain Bike Rentals and Touring*Tour Support Vehicle*Lodging*River Rafting
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GREAT CYCLING HILLS OF THE WORLD

This porcelain sculpted thimble collection was commissioned from the Frankfurt Mint. A spectacular collection of hand-decorated thimbles depicting the most famous and notorious climbs in all cycling! From the majestic Alpe d'Huez to the brooding Mogul Bismark, the spine-chilling Mount Washington to the diabolical Diamond Rock, the maniacal Manayunk Wall to the cunning County Park Road they're all here in vibrant color and fine detail. Radiantly displayed in an elegant glass and Chrome-moly vitrine, these breathtaking authentic collectors' items will add a dramatic touch to your decor. Send no money now; receive your dazzling sculpted thimbles at the rate of one a month, billed \$14.50 each for the next 54 years.

The Brandywine Pedaler
P.O. Box 3162
West Chester, PA 19381

Discounts

As a CSCC member, you are entitled to a 10% discount on the purchase of cycling accessories from the following bike shops:

Colorado Springs Bike Shops (719)
634-4915. Now at two locations.

Pedal Revolution (719) 389-0909

Rustic Hills Bicycle Center (719)
550-1188

In order to obtain your discount, you must present a valid CSCC membership card. If you have not received your membership card, contact Anne Smith at 528-6834.

CSCC Map Book

The first edition of Abbott Schindler's map book is now in print. Copies are \$4.95 each. Only 200 copies are available. Be sure to get yours early. Ask Abbott, any club officer, or pick one up at the Chapel Hills Bike Expo.