

# CSCC THE BENT FORK CHRONICLES

## COLORADO SPRINGS CYCLING CLUB



P.O. BOX 38534 COLORADO SPRINGS, CO 80937-8534

Volume 3 Number 4  
June 1989

The BENT FORK CHRONICLES is the official publication of the Colorado Springs Cycling Club (CSCC). Opinions and articles contained herein do not necessarily represent official club positions, unless so stated or indicated.

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## Regular Rides

Contacting the ride leader is a good idea if this is your first try at a club ride. Don't be surprised if it rains during this early summer month.

**Saturday Morning Ride.** Leave from Wade's Pancake House on Walnut Street at 8:00 am. Ride 30 to 70+ miles with "Bicycle" Bill Rewerts. Join Bill for breakfast and be ready to leave on time for Palmer Lake, Black Forest, Penrose, Castle Rock, Canon City or your suggestion. Actual destination depends on who shows up and the weather. Contact Bob Smith at 528-6834.

### Sunday Morning Pass Ride.

Meet at Tubby's Turn Around in Manitou at 8:15 am. Ride up Ute pass with "Bicycle" Bill Rewerts. Sometime this summer, Bill wants to fuel up at the Li'l Pantry in Green Mountain Falls and ride on up to Wilkerson Pass. Contact Bob Smith 528-6834.

**Sunday Afternoon Show & Go Ride.** Meet at Bijou Street on the south side of Acacia Park at 1:00 pm. Fast to slow 25 to 40 miles. Special Event Rides may preempt this ride. Contact Ride Captain Neil Kovac 630-3554.

**Monday Dinner Ride.** Meet at 5:30 pm at Acacia Park. Slow to moderate ride of 10 to 20 miles. Dinner is usually along the route, bring your suggestions and discount coupons. Bob Smith 528-6834.

**Tuesday Early Bird Ride.** Meet at 8:00 am at Acacia Park for a special lark about town with Tom Noonan 471-0525.

**Wednesday Evening Ride.** Meet at 5:30 pm at McKinzey-White's parking lot near Highway 83 and Academy Boulevard. Moderate to fast ride of 20 to 30 miles. Use your Gold C coupon at the Red Robin for dinner afterwards and try the mud pie dessert. Bob Smith 528-6834.

**Thursday Lunch Bunch Ride.** Meet at 10:00 am at the Hidden Inn in the Garden of the Gods for a spring time lunch ride with Anne Smith. This is an easy ride of approximately 20 miles with lunch at a restaurant during or at the end of the ride. Anne asks that you call ahead. 528-6834.

**Monday, Wednesday, and Friday Briargate Sunrise Rides.** Meet at Rampart High School at 5:45 am for Tour de Tower. Ride 5 to 8 early ATB miles with John Leofsky 594-9123.

# Special Events

**June 3 Saturday. St. Mary's Falls ATB Ride.** Meet at Bancroft Park across from the Old Town Bike Shop in Old Colorado City at 9:00 am. Ride Gold Camp road to the top of Cheyenne Canyon. This is also an alternate meeting spot. Leave at 10:00. The ride will be 12 or 26 miles with 2500 or 4000 feet elevation gain depending on starting location. Ride includes 7 miles of single track of which the first two miles will be difficult due to 1500 feet of elevation gain. Overall ride difficulty is novice to intermediate. Contact Bob Hyde, 475-0723.

**June 4 Sunday. The 2nd Annual Post Grape-Nuts Elephant Rock Century.** Leave from Air Force Academy Falcon Stadium at 7:00 am sharp as the CSCC Elephant Cup Team joins Howie Alpern and the Spring to Aspen riders for a giant pack ride. Any late signups who wish to join the Elephant Cup Team, contact Bob Smith 528-6834.

**June 11 Sunday. Breckenridge to Vail Bike Path.** Nothing is revealed in advance, Neil wants advance phone reservations. It'll be a long day. Great opportunity to ride this popular paved bike path through the heart of Summit County. Neil Kovac 630-3554.

**June 17 Saturday. RAPP - ATB Ride Around Pikes Peak.** This is a preliminary ride of a future CSCC sanctioned event scheduled for August 20th. Start from Bancroft Park at 7:00 am and ride up Ute Pass to Divide. Take Highway 67 towards Cripple Creek and turn left on the dirt road at Gillette. After 3 more miles, take Gold Camp Road to the East Beaver Creek/Rosemount Reservoir/Mt. Baldy Jeep Road/Deer Park area(s). Continue on Gold Camp Road or take single track through Jones Park and Captain Jacks to Colorado Springs. The distance is about 78 miles, 48 paved, 30 dirt. The special difficulty of this route is the mix of paved and dirt roads with single track options. Contact Bob Hyde 475-0723.

**June 10 Saturday Morning ATB Ride.**  
**June 24 Saturday Morning ATB Ride.**  
For the remainder of the summer, the second and fourth Saturdays of the month will feature regular rides of Rampart Reservoir which is rated at novice to intermediate difficulty level. The first ride of the month will be counter clockwise starting from the dam for a distance of 12 miles of which 11 miles is single track. The second ride of the month will be clockwise starting from the cross country ski trailhead for a distance of 15 miles. Meet at Bancroft Park across from Old Town Bicycle Shop in Old Colorado City at 9:00 am. Drive to or meet at Rampart Reservoir for

ride starting at 10:00 am. Remember, off-road ATB mileage counts 2 for 1 in the points competition! This ATB logic by "Computer" Bob Hyde 475-0723.

**June 25 Sunday. CSCC Century of the Month for June. Squirrel Creek Road and Points East.** Another one of Neil Kovac's mystery rides. You must call ahead to find out about the starting location and time. 630-3554.

## Possible Rides

**Bike Across Italy.** Leisurely cycling through Italy's beautiful northern countryside. See Venice, Ravenna, Faenza, Florence, Lucca, and Pisa. Eat delicious pasta, visit a winery or two, and go on an outing with an Italian cycling club. Lodging is at comfortable, economy class hotels. Visit the family of tour leaders Paola and Rick Price. Enjoy Italian family camaraderie on one of three yearly bicycle tours. 12 days for \$1,250. Write for a brochure and plan for next year. Offered by Italian Specialty Tours, 725 Mathews, Fort Collins, CO 80524.

**Trail Ridge Road.** Bicycle through Rocky Mountain National Park. Estes Park to Lake Granby, 51 miles. Bob Smith 528-6834

**Steamboat Soak.** June 24 and 25, Saturday and Sunday. Ride a 127 mile loop through the Gore Range, Colorado's most beautiful mountains according to April's Bicycling Magazine. This is a scenic overnigher for experienced long distance riders and an annual biking social adventure lead by Ed Wallick. On Saturday, start from Kremmling at 8:00 am and ride over 9,527' Gore pass to Steamboat Springs, 72 miles. Soak in the olympic-size mineral Hot Springs Pool and stay overnight in the Harbor Hotel. Dinner is your choice from the wide variety of steak, seafood, oriental, cajun, and ethnic restaurants in Steamboat Springs. On Sunday, return to Kremmling over 9,426' Rabbit Ears Pass, 55 miles. Ed's plans include a sag vehicle to carry light luggage. Talk to Ed about lodging and camping possibilities in Kremmling for Friday night. Call ride leader Ed Wallick for more details, 473-4556.

**Team Evergreen's Triple Bypass, July 29.** Ride 105 miles from Evergreen to Vail over Squaw, Loveland, and Vail Passes at elevations reaching almost 12,000 feet. Leave from the RTD Park & Ride in Bergen Park (Hwys 74 and 103) between 6:00 and 8:00 am. There will be aid stations at the top of all three passes. Stop for lunch in Frisco. Finish line is near the pool at the Chateau Vail

Holiday Inn. Deadline to register is July 8. Cost is \$24 for non-members and includes a t-shirt. Limited to 100 riders. Buffet dinner in Vail is available for an additional \$9. Registration requires that you certify as being of questionable mind. Contact Bob Smith 528-6834 for registration form or Team Evergreen Bicycle Club, Inc. P.O. Box 3804, Evergreen, Colorado 80439.

### **CSCC Century of the Month for August. Third Annual Great Pueblo Ride.**

Aug 12 Saturday. Leave at 7:00 am from Wades Pancake House on Walnut. Ride Highway 115 south to Florence, 67 to Wetmore, and 96 east to Pueblo. Swim stop along the Arkansas River Parkway after 85 miles. Lunch will be provided. Optional car shuffle to Springs or continue riding north on Pueblo Boulevard and Highway 50 east. Finally, ride I-25 north to Colorado Springs. 130 miles. Ride Leader: Doyle Dikes 574-9430.

**High Noon Hundred.** Oct 7 Sunday. This fund raiser is sponsored by the Sertoma Club for the Rocky Mountain Rehabilitation Center for the speech and hearing handicapped. A \$25 pledge is the entry fee. This is a bike-a-rama including a century ride in the Briargate area for adults and a 2 kilometer ride for the kids. Groups of four or more will be able to specify 25% of their donation to a charity of their choice. Contact Howard "Howie" Alpern 635-4632

## **Volunteers Needed**

Colorado Springs is hosting the Junior National Cycling Championships - Aug 3rd through Aug 14th. Volunteers are needed for track events, time trails, road races and criteriums. Contact the Amateur Sports Corporation at 634-7333.

## **PPPOA Benefit Ride**

CSCC is sponsoring a Police Charities Ride for the Pikes Peak Peace Officers Association (PPPOA) in conjunction with the Labor Day Balloon Festival on September 3rd. The ride distances are 10, 25, 50 & 100 miles. The ride is a LAW sanctioned September Century and is associated with Bicycling Magazine and AT&T's Century Challenge. The ride will be advertised in Bicycling Magazine and Bicycle USA. Jim Miller, 634-0812 is the CSCC Chairperson for this event. Call Jim and give him your support.

## **The PREZ SEZ**

Success is not measured solely in financial terms when it comes to our club and the club's events. This is especially true of TOARV-89. The financial report is not yet finished. However, all the activities associated with the ride were a complete success, thanks to the efforts of the volunteers, the contributors, and the riders.

I've never been on a ride of this length where everyone was so physically prepared for the ride. On TOARV Day Two, every rider completed the 94 mile route by 3:15 pm. This makes it a lot easier for the support personnel.

Everything went off without a glitch. Congratulations to everyone who participated in TOARV-89. And thank the LORD for summer weather in May.

The Double Points Rides for June will be the Preliminary RAPP Ride, Breckenridge-Vail Ride, and Sunday Acacia Park Ride on June 18th. Check the ride schedule for dates and times of these rides. The Top Ten points competition standings are as of May 8th.

## **Club Meeting**

There will be a membership meeting on Monday, June 12th at 7:00 pm at the Broadmoorings Condominium House. The Broadmoorings is located on Cheyenne Mountain Boulevard, east of Albertsons off Highway 115 and just west of Honeywell near Quail Lake. Please bring your swim suit and beverage of choice. We will solicit contributions and order pizza to be delivered for dinner.

**The Monday Dinner Ride starts and ends at the Club House on membership meeting nights.**

At this month's meeting, Abbott Schindler will share his "Wandering Australia" slide show. You will see, in vivid Kodachrome colors, some of the exotic wildflowers of Western Australia (400 unique species); catch a glimpse of the rain forest of Queensland; spend a little time in the magnificent Grampians of Victoria; see some intimate shots of adorable wallabies and kangaroos (ever notice how much a kangaroo looks like a rabbit?); and see the famous Nullabor Plain. Also learn what "sheep from outer space" look like. And of course, there will be a Koala or two.

# TOARV-89 Chronicle

by John Leofsky

The Second Annual Tour of the Arkansas River Valley happened May 20 and 21, the weekend before Memorial Day. Forty-seven riders and a dozen support people made up this year's tour. All riders completed both days of the tour, in contrast to last year when only four of 31 riders completed the first day's ride.

The weather for the back-to-back near-century tour was great for biking on both Saturday and Sunday. Both days started cool and calm and then warmed bringing tailwinds to push the riders along.

The initial steady eight mile climb on Highway 50 out of Canon City was a great warm up. A rapid three-mile descent rewarded us with our first view of the south side of the Arkansas river. Some bicycle computers registered over 40 mph on this downhill stretch.

The first rest stop at Five Points (20 miles) offered shade and fine refreshments. There was an ample supply of fruit and cookies and gorp cups of raisins and M&Ms.

A half-mile stretch after Texas Creek was dusty gravel as the road was under construction. Luckily, no one flatted. A tail wind pushed the riders up the Arkansas River Valley with deceptive ease.

The traffic near Howard was heavy with kayakers and rafters. A few folks stopped at Howard's annual Chili Cookoff which includes an arts and crafts fair.

The lunch stop at Salida's First Street Cafe (58 miles) was the most pleasant experience of the day. Three excellent lunch specials included the salad bar. An outdoor desert buffet included fresh hot blackberry cobbler and walnut torte cake among the treats. Service, ambience, and food were excellent - a real fair deal. I spent an easy hour enjoying lunch with Neil, Doyle, Bill, Denny and Cindy.

A Salida rider on an old penny farthing big wheel was fun to watch as he cruised about. A visit to nearby Colorado Cyclery bike shop which makes unique mountain bikes was also interesting.

A stiff breeze greeted us on the road out of Salida and we turned onto US 285 heading north toward our destination. The rest stop near Nathrop (72 miles) was really welcome after a long hot climb. The view of the

Collegiate Range peaks was superb.

The evening at the Crazy Horse Campground was highlighted by the prizes given to the first four finishers and drawings for the remainder of the awards. Many valuable awards were handed out - several \$25 gift certificates and articles of cycling clothing were included.

A live country western band provided entertainment. Repeated renditions of the "House of the Rising Sun" featured the campground manager as the vocalist.

Sunday morning was cool with cloudy skies. The five mile ride to Buena Vista and the all-I-could eat pancake breakfast with sausage, orange juice and coffee gave time for the weather to clear and warm.

The climb up Trout Creek Pass was aided by a slight tail wind. The rest stop atop the pass was timed just right as it was prior to the dash across South Park. A great tail wind pushed the riders across South Park. Cruising easily at 27 mph, I was passed as if standing still by the Denver rider on the black Klein who exclaimed as he whizzed by "I ain't never had this much fun before".

We got to Hartsei around 10 o'clock, much too early for lunch and I continued riding. I found that "It's all down hill after you turn on Highway 9" meant three long rollers to the rest stop at Guffey.

I lingered a long time at the Guffey stop, in the warm Colorado sunshine, kibitzing with Liz Hunter about the mayor and mailman of Guffey, waiting for "Bicycle" Bill and some other riders I wanted to finish the tour with.

One final climb from Guffey and then it was fast down hill to the Royal Gorge. I finished the ride in a group of eight towed by "Strong Man" Lloyd and his daughter, Andrea. We met Sebastian and his friend along the way and finished strong on the fast downhill ride from the Royal Gorge into Canon City.

I relaxed under a shade tree for a while with a Dairy Queen treat and heard myself and others say "I'll be back next year".

## TOARV-89 Video

The CSCC video taped TOARV-89. Cruz was the primary Video Cam man. Watch for the announcement of the showing at a future club meeting. See yourself in action, hear Cruz's commentary.

# TOARV-89 Acknowledgments

## Organizational Volunteers

Bob & Anne Smith ..... Tour Directors & SAG  
Pat & Efrain Cruz .... SAG Vehicles, Rest Stops, Publicity, Etc.  
John Leofsky ..... Fruit & Drink Contributions  
Jim & Susan Hoge ..... TOARV Route Signs  
Kathy Searles ..... Homemade Cookies  
Jim Donnelly ..... Prizes  
Doyle Dikes ..... Luggage Vehicle  
Abbott Schindler ..... Map

## SAG Drivers

Geoff Geiss & Son      Bob Smith      Jay Burns      Dave Truitt

## Rest Stops

Joan Leofsky      Mary Carlson      Liz Hunter  
Jason Burns      Diane Segerstedt      Pat Cruz  
Casey Bouchard & Daughters

## Contributors

Sam's Wholesale Club      King Soopers      Phil Long Ford  
Safeway      The Trailhead of Buena Vista

## Award Contributors

Tour de France Schwinn      Ketu Cycles  
Colorado Springs Bike Shop      Pedal Revolution  
Old Town Bike Shop      Ten Speed Drive Imports  
Ted's Bike Shop      Mountain Tour Cycles

## Other TOARV Sponsors

El Paso Search & Rescue - EMTs  
Buena Vista Optimists Club - Breakfast  
Buena Vista Young Life - Dinner  
Crazy Horse Camping Resort - Camping  
First Street Cafe of Salida  
Walt's Mountain Muffin Cafe of Hartsel

## Top Ten

Bill Rewerts	2275	Jim Donnelly	777
Bob Smith	2223	Neil Kovac	590
Bob Hyde	1214	Tom Noonan	435
Anne Smith	1146	Ken Pattison	314
Doyle Dikes	1127	Harry Rouch	301

## Abbott's Booklet

Abbott Schindler's Colorado Springs Area Bicycling Route Booklet is circulating for review. The computer graphic maps are really eye catching. Please send your favorite route description to Abbott Schindler, 6311 Galway, Colorado Springs, CO 80918. Include a commentary.

## Membership

The CSCC continues to grow. Welcome aboard to the following new members: Saul & Ruth Goldman, Ken Kenney, Mary Carlson, Douglas Carpenter, Bob LeCour, Doug Fogg, Brett Horton, and Robble Wallick. Also, welcome again to these renewal members who are all looking forward to a great year of cycling fun: Bob Hyde, and Ken & Sylvia Pattison. If you know of anyone searching for a great cycling club to join, please pass along one of your membership cards and invite him or her to join THE COLORADO SPRINGS CYCLING CLUB.

Anne Smith

## Commercial Memberships

In order to provide a fair and equitable program to businesses who wish to advertise in The Bent Fork Chronicles, the CSCC has instituted a Commercial Membership Plan. The Plan entitles a member business to a monthly business card size ad and a yearly full page sale or promotional ad. A Commercial Membership costs \$35. All artwork and ad layout must be provided to the editor of The Bent Fork Chronicles by the 15th of the month preceding publication.

## Discounts

As a CSCC member, you are entitled to a 10% discount on the purchase of cycling accessories from the following bike shop:

Colorado Springs Bike Shop (719) 634-4915  
Rustic Hills Bicycle Center (719) 550-1188

In order to obtain your discount, you must present a valid CSCC membership card. If you have not received your membership card, contact Anne Smith at 528-6834.

## Classifieds

Non-commercial advertisements are free to all club members. Commercial advertisements are through Commercial membership in CSCC ONLY. No ads will be published in The Bent Fork Chronicles without membership. Please submit typed ads to club mailing address by the 15th of the month preceding publication. You must include all pertinent information and where you can be contacted. The CSCC newsletter cannot be held responsible for any typographical errors.

*Custom Made bicycle shipping crates.  
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*Call Nicki 520-5459 or Mark 597-6902*

## THERAPEUTIC AND SPORT MASSAGE

Student of therapeutic massage seeking cyclists and others to work with. Injury prevention, rehabilitation and relaxation massage available. For consultation, contact THERESA 475-2006.

## Bike Clothing

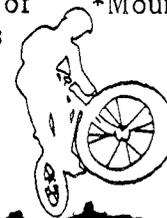
Contact Efrain Cruz for custom cycling apparel. Handmade locally. Choice of fabrics, colors and designs for shirts, shorts, tights, bibs, skin suits, etc. Sublimated club jerseys are a possibility. 630-1328

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