

# CSCC THE BENT FORK CHRONICLES

## COLORADO SPRINGS CYCLING CLUB



P.O. BOX 38534 COLORADO SPRINGS, CO 80937-8534

Volume 3 Number 6  
August 1989

The BENT FORK CHRONICLES is the official publication of the Colorado Springs Cycling Club (CSCC). Opinions and articles contained herein do not necessarily represent official club positions, unless so stated or indicated.

### CLUB OFFICERS

President:  
Bob Smith  
528-6834

Vice President  
Efrain "Cruz" Cruz  
630-1328

Treasurer/Membership  
Anne Smith  
528-6834

Secretary/Editor  
Doyle Dikes  
574-9340

Ride Captain  
John Leofsky  
594-9123

ATB Ride Captain  
Bob Hyde  
475-0723

### BOARD OF DIRECTORS

Bob Smith  
528-6834

Pat Cruz  
630-1328

Abbott Schindler  
contact by mail

## Regular Rides

Contacting the ride leader is a good idea if this is your first try at a club ride. The heat is on during this summer month, be prepared.

**Sunday Morning Pass Ride.** Meet at Tubby's Turn Around in Manitou at 8:15 am. Ride up Ute pass with "Bicycle" Bill Rewerts. Breakfast at the Lil' Pantry in Green Mountain Falls is an option on this ride. No ride on the 20th, preempted by the Echo Lake Ride. Contact Bob Smith 528-6834.

**Sunday Afternoon Show & Go Ride.** Meet at Bijou Street on the south side of Acacia Park at 1:00 pm. Slow to moderate 25 to 40 miles. A good ride to meet and get acquainted with fellow club members. Special Event Rides may preempt this ride. Contact Ride Captain John Leofsky 594-9123.

**Monday Dinner Ride.** Meet at 5:30 pm at Acacia Park. Moderately slow ride of 10 to 20 miles. Dinner is usually along the route. Bring your suggestions and discount coupons. Bob Smith 528-6834.

**Wednesday Evening Ride.** Meet at 5:30 pm at the Thunderbird Overlook (T-38 Exhibit) at the Air Force Academy for a moderately fast ride of 30 plus miles which may include loops through Black Forest and Glen Eagle. If Stadium Boulevard is closed to cyclists due to construction, meet at Air Academy High School on Pine Drive. Bob Smith 528-6834.

**Thursday Lunch Bunch Ride.** Meet at 10:00 am at the Hidden Inn in the Garden of the Gods for a summer time lunch ride with Anne Smith. This is an easy ride of approximately 20 miles with lunch at a restaurant during or at the end of the ride. Anne asks that you call ahead. 528-6834.

## The Ed Sed

Doyle Dikes

I missed most of the CSCC rides in July. I was busy exploring Washington State by mountainering on 14,410 ft Mt. Rainier and bicycling the Islands of Puget Sound.

Mr. Rainier was my #26 USA High Point. I made the ascent as a member of the RMI Camp Muir Seminar.

After camping at the Sol Duc Hot Springs on the Olympic Peninsula, I leisurely biked the Islands of San Juan, Orcas, and Lopez on my fourth Backroads Bicycle Tour.

# ATB Rides

Cool off after the August Saturday morning ATB rides with a late lunch at Rogers Frontier Bar. Remember, off-road ATB mileage counts 2 for 1 in the points competition! All ATB rides meet at La Baguette near Old Town Bicycle Shop in Old Colorado City at 9:00 am. Carpool and drive to ride start. Bob Hyde 475-0723.

## Rampart Reservoir

**August 5, Saturday.** Ride 11 miles of single track. Rampart Reservoir is rated at novice to intermediate difficulty level. This is a good ride for beginners to experience single track trail riding because it's basically flat with no sustained climbs and a very consistent trail surface.

## Tour de Crags

**August 19 Saturday.** Start at Crags Campground located off Highway 67 on the way to Cripple Creek. Ride choice of trails from beginner to intermediate. Options include 12 to 15 miles up to 12,000 ft on the west side of 14,110 ft Pikes Peak.

## Horse Thief Park

**August 26 Saturday.** Start from the Midland fork located on Highway 67 on the way to Cripple Creek. This is at the bottom of the hill below to the tunnel that was closed earlier in the year. Ride six intermediate miles of pavement to Gillette and nine expert miles of trail which climbs to 11,000 ft.

The Tour de Crags and Horse Thief Park are new routes for our ATB ride captain. There may be route finding problems. There may be short sections where you must walk your bike. Two large water bottles and snacks are needed. Sun screen and rain gear are also essential. These rides offer terrific scenic vistas and exhilarating experiences on your ATB bike.

# Special Events

**Third Annual Great Pueblo Ride, Aug 12, Saturday.** Leave at 7:00 am from Omelettes Plus, 23 South Tejon. Ride Highway 115 south to Florence, 67 to Wetmore, and 96 east to Pueblo. Swim and picnic at the Arkansas River Parkway after 85 miles. Lunch will be provided. Optional car return to Springs or continue riding north on Pueblo Boulevard and Highway 50 east. Finally, ride I-25 north to Colorado Springs. 130 miles. R.S.V.P. by Aug 7. Doyle Dikes 574-9430.

**Bear Creek Canyon Time Trials, Aug 10 and 24, Thursdays.** Meet at the cemetery on 26th street at 5:30 pm for a four mile time trial through Bear Creek Canyon and up Gold Camp Road to where the pavement ends. This is Jim Donnelly's idea and he is the Ride Leader for this event. Call 599-3330 for additional information.

**Idaho Springs-Echo Lake Loop, Aug 20, Sunday.** Meet in the parking lot of the Red Robin North at the northeast corner of Academy and Jamboree near Chapel Hills Mail at 7:00 a.m. Carpool to Idaho Springs for this 50 mile loop up the flanks of Mt Evans to Echo Lake and return through Bergen Park and El Rancho. This ride is about 50/50 uphill/downhill with an elevation gain/loss of over 4000 feet. Great training ride for Red River and Hardscrabble Centuries in September. Contact Bob Smith at 528-6834 for details. NOTE: There will be no Sunday morning UTE Pass Ride this date.

# Junior Nationals

Colorado Springs is hosting the Junior National Cycling Championships - Aug 4th through Aug 13th. Events include track racing at the 7-Eleven Velodrome and a down town criterium on the 13th. CSCC's own Bobby Smith will be competing on the track and in the criterium. Volunteers are needed for track events, time trials, road races and criteriums. Contact the Colorado Amateur Sports Corporation at 634-7333.

# Rocky Mountain Century

Team Evergreen is offering another challenging ride to follow up their Triple Bypass Century. Ride 107 miles from Steamboat Springs over Rabbit Ears Pass (9,426 ft), Gore Pass (9,524 ft) through Toponas, Yampa, Phippsburg, Oak Creek, and return to Steamboat Springs on Saturday, August 26. Registration deadline is 12 August. The \$19 registration fee for non-members (\$14 for members) includes a century shirt, map, route markings, aid stations, sag support, and LAW patch. Special hotel rates are available for riders who wish to stay overnight. For Registration forms, call Mike Dern at (303) 674-9856 or Carol Middleburg at (303) 674-6048. The club address is Team Evergreen Bicycle Club, Inc., P.O. Box 3804, Evergreen, Colorado 80439.

# The Prez Sez

Bob Smith

## Balloon Ride

CSCC is planning a ride on Sunday, September 3rd of the Labor Day Weekend Balloon Festival. The ride distances will be 25, 50, 62.5 & 100 miles depending on interest. Abbott's bicycle route maps will be provided. These will be self supporting rides; there will be no sag vehicle or aid station support. Start the day in Memorial Park with a pancake breakfast at the Kiwani's tent and after seeing the Balloons off, meet at the Ice Skating Arena for an 8:00 am departure. Contact Bob Smith 528-6834 if you want to be the ride leader on one of the loops.

## Steamboat Soak Chronicle

Doyle Dikes

On June 24 and 25, the two day Steamboat Soak ride covered the Rocky Mountain Century route in two days.

While overnighing in Steamboat Springs, CSCC riders Bob & Anne Smith, John Leofsky, Bill Rewerts, and Doyle Dikes enjoyed the Italian cuisine at Cuginos. Dinner included olive oil sauce pizza, egg plant parmesan, and spumoni ice cream. The bottle of Chianti wine came in a straw basket. Strangely, their music featured very contemporary songs by the Cowboy Junkies and Tracey Chapman. The Italian theme included red and green printing on the white menu. A great casual place.

I've been busy building decks at home and have missed several rides lately. I'm sorry I've missed riding with several new members. I hope to see the new members at our next club meeting. I'd like to thank Jim Donnelly, John Leofsky and Anne Smith for an excellent job leading rides in my absence.

July was another busy month for me and the club. We had our first Club Picnic which was a great success. Over 35 club members, family and friends were present. The festivities included plenty of food, conversation, and the first viewing of the TOARV-89 video. Thanks to Anne Smith, and Pat & Efrain Cruz for making events like this happen.

On July 16th, we went on our Second Annual Ride Around Eleven Mile Reservoir. At the last minute Neil Kovac was called away by Charity giving birth to twin boys. I took the liberty to substitute as ride leader and reversed the loop. This was agreed to be a permanent change by Anne, Blade, Dr. Jekyll and myself.

Neil is busier than ever now and will not be riding with the club very much so the office of Ride Captain has been assigned to John Leofsky. Thanks to Neil for his past efforts and best wishes to John for the future.

The Double Points Rides for August are the August 13th and 27th Sunday Afternoon Show & Go Rides from Acacia Park.

Ride Leaders, remember to turn in the ride sheets for your rides.

## Club Meeting

There will be a membership meeting on Monday, August 14th at 7:00 p.m. at the Broadmoorings Condominium Club House. The Broadmoorings is located on Cheyenne Mountain Road, east of Albertsons on Highway 115 and west of Honeywell near Quail Lake. Please bring your swim suit and beverage of choice. We will order pizza to be delivered. The Monday Dinner Ride will start and finish at the Club House. You may swim or enjoy a leisurely ride through the Broadmoor Area prior to the meeting. The pool will also be open after the meeting. There are showers and changing rooms available for your use.

## Top Ten

Bob Smith	3927	John Leofsky	1955
Bill Rewerts	3257	Jim Donnelly	1849
Bob Hyde	2835	Neil Kovac	1285
Anne Smith	2824	David Lloyd	887
Doyle Dikes	2609	Ken Pattison	833

## Membership

Welcome aboard to the following new members: Doug Barnett, Michael Harris, Ed Keneski, Cathy Pillis, Bill Simmons, Blake Westdale and John Wieting.

Also, welcome again to these renewal members who are all looking forward to a great year of cycling fun: Doyle Dikes, Bill Rewerts, and Abbott Schindler.

If you know of anyone searching for a great cycling club to join, please pass along one of your membership cards and invite him or her to join THE COLORADO SPRINGS CYCLING CLUB.

Please note the expiration date of your membership on your mailing label and mail your membership dues when they are due. A grace period of two months exists before expired memberships are removed from the CSCC mailing list.

## Commercial Memberships

In order to provide a fair and equitable program to businesses who wish to advertise in The Bent Fork Chronicles, the CSCC has instituted a Commercial Membership Plan. The Plan entitles a member business to a monthly business card size ad and a yearly full page sale or promotional ad. A Commercial Membership costs \$35. All artwork and ad layout must be provided to the editor of The Bent Fork Chronicles by the 15th of the month preceding publication.

### Monarch Mountain Lodge

"in the Heart of Colorado's Vacationland"

Two Hours West of Colorado Springs on Scenic U.S. Hiway 50.

1-800-332-3668



- \*Mountain Bike Rentals and Touring
- \*Tour Support Vehicle
- \*Lodging
- \*River Rafting

## Discounts

As a CSCC member, you are entitled to a 10% discount on the purchase of cycling accessories from the following bike shops:

Colorado Springs Bike Shop (719) 634-4915

Pedal Revolution (719) 389-0909

Rustic Hills Bicycle Center (719) 550-1188

In order to obtain your discount, you must present a valid CSCC membership card. If you have not received your membership card, contact Anne Smith at 528-6834.

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## Bike Clothing

Contact Efrain Cruz for custom cycling apparel. Handmade locally. Choice of fabrics, colors and designs for shirts, shorts, tights, bibs, skin suits, etc. 630-1328

## City Bike Planner

John Leofsky met Craig Blewitt who spends 10% of his time on bicycle affairs. He gave John his card and requested a copy of the club newsletter. Call Craig if you have a question or suggestion concerning bicycles in the city's plans..



CRAIG R. BLEWITT, AICP  
SENIOR PLANNER  
PLANNING DIVISION  
COMMUNITY DEVELOPMENT DEPARTMENT

CITY ADMINISTRATION BLDG  
30 S. NEVADA AVE., SUITE 301  
P.O. BOX 1575  
COLORADO SPRINGS, CO 80901

PHONE  
(719) 578-6692

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# The Blade Chronicles

John Leofsky

## Mountain Shadows Initiation

On July 4th, Bob S., Blade, and Texas Louie met at the Prez's place and set out on ATBs in a northwesterly direction. It was Texas Louie's' first time on a mountain bike borrowed from Anne Smith. We started in the dirt between the ridge and Centennial. Bob was eager to show off the "Dippity-Do- Aaagh" where Bobby bent a fork. I was psyched . . . but this fifteen foot drop looked formidable. I sat at the top barely believing what I was about to do. I sat contemplating my crazy passion for cycling and then said "We all gotta go sometime " as I went over the edge. It was so steep I didn't dare lock my brakes. What a kick as I came out on top of the seven foot upside. It was so great I did it twice more. Louie just watched. It's the most exciting, dangerous and foolish thing I've done on Ole Blue Chip.

The remaining eight miles of abandoned jeep road and single track trail west of Digital were a blue breeze. Major sections of sand traps and pedal smashing rocks make this a lip smacking delight for ATB addicts. Louie loved this ride. He even proposed a theme song for the avid ATB group - "Let's Get Technical" based on a song by Olivia Newton-John. This is terrific ATB terrain - probably the best in the northwest part of town and will be a fabulous sunset ride of ten miles or so in the fall.

## Six Bridges Trail Double Trouble

Dr. J., Blade, The Glassman, Fog and one other set out on what Hyde later called the "most technical ride I've taken so far this year." For me it was at the edge of my abilities. At one point my left hand was so numb from vibration I had to look at my thumb to shift. The start is tough - three hours up Gold Camp Road to the top of the Front Range. That was the easy part. The "Whoop-De-Dos" after Frosty Park are great fun.

## Cap'n Jacks via Jones Park

This was my favorite ATB ride so far this year. Weather was ideal - a thunderstorm built up but we managed to escape it. Excellent but long ride requires extra water. Explored three closed tunnels of Gold Camp and encountered one Hobo party.

## Vail Trail Bike RAPP

Yol What'd ya do on ya 34th birthday?

I wanted to RAPP - Ride Around Pikes Peak. I talked about it to the CSCC riders and before you can say "Ride On", I was riding RAPP with Bob Hyde in May.

I believe variety is the spice of life and wanted to try something new when my B-day arrived in June. I checked out the double points ride scheduled for my special Sunday. It was the Vail Trail!

Day started early. Up at 4:45 am after staying up late cleaning my Trek the night before. Went to Omelette Parlor for the free B-Day breakfast - even better than their usual 50% off Early Bird Special. Bob & Anne, their guest Dean, Doyle and I were on the road west just after 7:00 am.

Already a high haze was forming in the morning sky.